




Norwalk Community School District-Elementary

NOVEMBER 2020 GLUTEN FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>GF Cheese Pizza</p> <p>Applesauce</p> <p>Baby Carrots</p>	<p>3</p> <p>Homemade Garlic Cheese Bread</p> <p>Fresh Veggies/Ranch</p> <p>Mandarin Oranges</p>	<p>4</p> <p>GF Grilled Cheese Sandwich</p> <p>Pears</p> <p>Baby Carrots</p>	<p>5</p> <p style="text-align: center;">NO School K-5 Only</p> <p style="text-align: center;"></p>	<p>6</p> <p style="text-align: center;">NO School K-12</p>
<p>9</p> <p>GF Chicken Tenders</p> <p>Tater Tots</p> <p>Apples Wedges</p>	<p>10</p> <p>GF Pancakes/Egg Omelet</p> <p>Veggie Choice</p> <p>Orange Wedges</p>	<p>11</p> <p style="text-align: center;">No School K-12</p>	<p>12</p> <p>Chicken Fajita Strips/Tortilla Chips</p> <p>Chilled Edamame</p> <p>Pears</p>	<p>13</p> <p>Walking Taco</p> <p>Fresh Veggies/Ranch</p> <p>Mandarin Oranges</p>
<p>16</p> <p>GF Chicken Tenders</p> <p>Yogurt, String Cheese & Roll</p> <p>Applesauce</p> <p>Baby Carrots & Cookie</p>	<p>17</p> <p>GF Pepperoni Pizza</p> <p>Yogurt, String Cheese & Roll</p> <p>Baby Carrots</p> <p>Peaches</p>	<p>18</p> <p>Hot Dog on a GF Bun*</p> <p>Yogurt, String Cheese & Roll</p> <p>Baked Apples</p> <p>Baby Carrots</p>	<p>19</p> <p>Grilled Chicken Sandwich</p> <p>Yogurt, String Cheese & Roll</p> <p>Celery Sticks</p> <p>Apple Wedges</p>	<p>20</p> <p>Homemade Garli Cheese Bread</p> <p>Yogurt, String Cheese & Roll</p> <p>Steamed Broccoli</p> <p>Pears</p>
<p>23</p> <p>GF Cheese Pizza</p> <p>Applesauce</p> <p>Baby Carrots</p>	<p>24</p> <p>GF Grilled Cheese Sandwich</p> <p>Fresh Veggies/Ranch</p> <p>Mandarin Oranges</p>	<p>25</p> <p style="text-align: center;">Thanksgiving Break-No School November 25-27</p> <p style="text-align: center;"></p>	<p>26</p>	<p>27</p>
<p>30</p> <p>GF Chicken Tenders</p> <p>Tater Tots</p> <p>Apples Wedges</p>	<p></p> <p>A free breakfast is offered each day before school. Join us each morning beginning at 7:30. We hope to see you there!</p>			
<p>* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily</p> <p>USDA is an equal opportunity provider. Menu is subject to change without notice.</p> <p>Each meal comes with a carton of milk - Skim White or Skim Chocolate</p> <p>Students may choose a hot entrée, or yogurt & string cheese option daily. All meals include side choices & carton of milk.</p>				