

Norwalk Lunch Menu Grades 9-12 April 2020



Choose an Entrée:	13 MONDAY	14 TUESDAY	15 WEDNESDAY	16 THURSDAY	17 FRIDAY
Entrée Selection	Fiestada Pizza/Salsa	Pizza Burger	Hot Dog on a Bun*	Stuffed Crust Pepperoni Pizza*	Cheese Stuffed Sticks/Marinara
Entrée Selection	Chicken Nuggets/Dinner Roll	Drumstick/Dinner Roll	Pork Fritter on a Bun*	Corn Dog	BBQ Beef on a Bun
Entrée Selection	Build Your Own Macaroni/Roll	Chicken Alfredo Pasta/Bread Stick	Beef & Cheese Nachos	Meatball Sub	Pancakes/ Egg Omelet
Choose Side Items:	Broccoli	Sugar Snap Peas	Ranch Beans	Sweet Potato Fries	Hash Brown
(Must choose at least 1	Steamed Peas	Baked Beans	Oven Baked Potato Wedges	Steamed Peas	Glazed Carrots
side to build a meal.)	Pears	Thickened Strawberries	Peaches	Mandarin Oranges	Blueberries
	Apricots	Pineapple	Fruit Cocktail	Strawberry Applesauce	100% Juice
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	20 MONDAY	21 TUESDAY	22 WEDNESDAY	23 THURSDAY	24 FRIDAY
Entrée Selection	Sloppy Joe on a Bun	Pork Chopette* on Bun	BBQ Pork Rib on Bun*	Chicken Tenders/Dinner Roll	Sausage Pizza
Entrée Selection	Breaded Chicken Patty on Bun	Cheese Stuffed Sticks/Marinara	Stuffed Crust Pepperoni Pizza*	Italian Beef Sandwich	Chicken Sticks/Dinner Roll
Entrée Selection	Sweet Thai Chili Chicken/Rice	Homemade Italian Pasta/Roll	Chicken Fajita Pasta/Bread Stick	French Toast/Sausage Patties*	Walking Taco
Choose Side Items:	Steamed Corn	Steamed Broccoli	Glazed Carrots	Hash Brown	Refried Beans
(Must choose at least 1	Edamame	Sweet Potato Fries	Potato Wedges	Mixed Vegetables	Italian Blend Vegetables
side to build a meal.)	Pears	Fruit Cocktail	Peaches	Apple Slices	Applesauce
	Strawberries	Mandarin Oranges	Pineapple Tidbits	100% Fruit Juice	Mandarin Oranges
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	27 MONDAY	28 TUESDAY	29 WEDNESDAY	30 THURSDAY	
Entrée Selection	Fish Sandwich on a Bun	Spicy Chicken Sandwich	Mini Corn Dogs	Garlic Cheese Bread	
Entrée Selection	Bosco Cheese Sticks/Marinara	BBQ Pork Rib on Bun*	Grilled Cheese Sandwich	Cheese Burger on a Bun	Daily Side Choices also include fresh
Entrée Selection	Orange Chicken/Rice	Frito Chili Pie/Cinnamon Roll	Pancakes/Egg Omelet	Tater Tot Casserole/Dinner Roll	vegetables offered each day on our Vegetable Bar including: Romaine Lettuce, Baby Carrot
Choose Side Items:	Steamed Broccoli	Oregon Blend Vegetables	Hash Brown	Green Beans	Tomatoes, Broccoli or Cauliflower, and othe
(Must choose at least 1	Steamed Corn	Tater Gems	Edamame	Oven Baked Fries	assorted fresh vegetables.
side to build a meal.)	Apple Slices	Applesauce	100% Fruit Juice	Peaches	
	Fruit Cocktail	Banana	Chilled Blueberries	Pineapple	
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	
Weekly Breakfast Menus	*Entrée May Conta	ers, Bagel, Breakfast Pizza, Cinnamon Roll/Long J school each morning to help kick-star in Pork Whole Grain Products Offered Daily ered Daily. A Variety of Milk Choices are Offered	rt your learning. Breakfast Menu Offerings V Menus Also Include the Fresh Fruits and Ve	ary Each Day. getables Offered Daily on the Vegetable Bar	