



Norwalk Community School District-Elementary



APRIL 2020 GLUTEN-FREE LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



SEAL the deal and eat a healthy school breakfast beginning at 7:30 each morning!

<p>13</p> <p>Pepperoni Pizza*</p> <p>Corn</p> <p>Baby Carrots</p> <p>Chilled Edamame</p> <p>Applesauce</p> <p>Peaches</p>	<p>14</p> <p>Popcorn Chicken</p> <p>Glazed Carrots</p> <p>Romaine Salad</p> <p>Broccoli Florettes</p> <p>Apple Slices</p> <p>Pears</p>	<p>15</p> <p>Beef & Cheese Nachos</p> <p>Refried Beans</p> <p>Baby Carrots</p> <p>Salsa/Diced Tomatoes</p> <p>Banana</p> <p>Thickened Strawberries</p>	<p>16</p> <p>Grilled Chicken on GF Bun</p> <p>Steamed Peas</p> <p>Romaine Salad</p> <p>Tomato Slices</p> <p>Mandarin Oranges</p> <p>Fruit Cocktail</p>	<p>17</p> <p>GF Grilled Cheese Sandwich</p> <p>Tater Gems</p> <p>Baby Carrots</p> <p>Grape Tomatoes</p> <p>Baked Apples</p> <p>Side Kick</p>
<p>20</p> <p>GF Cheese Pizza</p> <p>Steamed Peas</p> <p>Baby Carrots</p> <p>Zucchini Sticks</p> <p>Diced Pears</p> <p>Peaches</p>	<p>21</p> <p>GF Grilled Chicken Sandwich</p> <p>Fiesta Black Beans</p> <p>Romaine Salad</p> <p>Cucumber Slices</p> <p>Pineapple</p> <p>Thickened Strawberries</p>	<p>22</p> <p>Cheese Burger on a GF Bun</p> <p>Potato Wedges</p> <p>Baby Carrots</p> <p>Broccoli</p> <p>Apricots</p> <p>Grapes</p>	<p>23</p> <p>GF Hot Ham & Cheese Sandwich</p> <p>Baked Beans</p> <p>Romaine Salad</p> <p>Tomato Slices</p> <p>Mandarin Oranges</p> <p>Applesauce</p>	<p>24</p> <p>GF Pancakes/Trix Yogurt</p> <p>Hash Brown</p> <p>Baby Carrots</p> <p>Celery Sticks & Hummus</p> <p>100% Fruit Juice</p> <p>Blueberries</p>
<p>27</p> <p>GF Pepperoni Pizza</p> <p>Corn</p> <p>Baby Carrots</p> <p>Chilled Edamame</p> <p>Applesauce</p> <p>Peaches</p>	<p>28</p> <p>GF Chicken Tenders</p> <p>Green Beans</p> <p>Romaine Lettuce</p> <p>Red Pepper Strips</p> <p>Fresh Apple Slices</p> <p>Fruit Cocktail</p>	<p>29</p> <p>Hot Dog on a GF Bun*</p> <p>Baked Beans</p> <p>Baby Carrots</p> <p>Zucchini Slices</p> <p>Pears</p> <p>Thickened Strawberries</p>	<p>30</p> <p>GF Diced Turkey/GF Roll</p> <p>Steamed Peas</p> <p>Romaine Salad</p> <p>Cucumber Slices</p> <p>Mandarin Oranges</p> <p>Pineapple</p>	

* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.
 GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry
 Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.