Norwalk Community School District-Eastview Gluten-Free

MARCH 2020 BREAKFAST AND LUNCH MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
2	3	4	5	6			
GF Philly Chicken Sandwich	Frito Chili Pie/GF Dinner Roll	GF Pancakes/Egg Omelet	GF Cheese Pizza	Chicken Fajita Meat/Tortilla Chips			
Potato Smiles	Green Beans	Hash Brown	Glazed Carrots	Refried Beans			
Steamed Broccoli	Tater Gems	Edamame	Mashed Potatoes	Steamed Corn			
Applesauce Cup	Apple Slices	100% Fruit Juice Cup	Pears	Chilled Blueberries			
Apricots	Peaches	Pineapple Tidbits	Mandarin Oranges	Fruit Cocktail			
9	10	11	12	13			
GF Garlic Cheese Bread	GF Chicken Tenders/GF Roll	GF Bacon Cheese Burger*	No School!	No School!			
Italian Blend Vegetables	Oven Baked Tater Gems	Sweet Potato Fries					
Steamed Peas	Mixed Vegetables	Romaine Salad					
Thickened Strawberries	Fruit Side Kick	Applesauce Cup					
Orange Wedges	Fruit Choice	Dried Fruit					
16	17	18	19	20			



23	24	25	26	27
GF Pepperoni Pizza*	GF Pizza Burger on Bun	GF Beef & Cheese Nachos	GF Meatball Sub	GF Pancakes/Egg Omelet
Broccoli	Sugar Snap Peas	Ranch Beans	Sweet Potato Fries	Hash Brown
Steamed Peas	Baked Beans	Potato Wedges	Steamed Peas	Glazed Carrots
Pears	Thickened Strawberries	Peaches	Mandarin Oranges	Blueberries
Apricots	Pineapple	Fruit Cocktail	Strawberry Applesauce	100% Assorted Fruit Juice
30	31			
GF Grilled Cheese Sandwich	GF Cheese Burger	Students please join us as we kick off National School Breakfast Week March 2nd- March 6th. Students will get one free breakfast meal on Monday, March 2nd in the cafeteria.		Meal Prices for 2019-20
Green Beans	Steamed Peas			Secondary Lunch \$2.80 Milk \$.50 Student Breakfast \$1.85
Mashed Potatoes	California Blend Vegetables			
Green Beans	Apple Slices			
Strawberries	Fruit Cocktail			

* Entrée May Contain Pork

Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

Gluten Free cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.