


Norwalk Community School District-Elementary Gluten-Free

MARCH 2020 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 GF Cheese Pizza Corn Baby Carrots Chilled Peas Applesauce Peaches	3 Homemade Garlic Cheese Bread Fiesta Black Beans Romaine Salad Cucumber Slices Pineapple Thickened Strawberries	4 Hot Ham & Cheese of GF Bread Mashed Potatoes Baby Carrots Broccoli Fruit Cocktail Grapes	5 Cheese Burger on GF Bun Baked Beans Romaine Salad Tomato Slices Mandarin Oranges Applesauce	6 GF Pancakes/Trix Yogurt Hash Brown Baby Carrots Celery Sticks 100% Fruit Juice Blueberries
9 GF Pepperoni Pizza* Corn Baby Carrots Chilled Edamame Thickened Strawberries Peaches	10 GF Chicken Tenders/GF Roll Green Beans Romaine Lettuce Red Pepper Strips Fresh Apple Slices Fruit Cocktail	11 Hot Dog on a GF Bun* Baked Beans Baby Carrots Zucchini Slices Pears Fruit Choice	No School!	
16	17	18	19	20
				
23 Pepperoni Pizza* Corn Baby Carrots Chilled Edamame Applesauce Peaches	24 Popcorn Chicken Glazed Carrots Romaine Salad Broccoli Florettes Apple Slices Pears	25 Beef & Cheese Nachos Refried Beans Baby Carrots Salsa/Diced Tomatoes Banana Thickened Strawberries	26 Grilled Chicken on GF Bun Steamed Peas Romaine Salad Tomato Slices Mandarin Oranges Fruit Cocktail	27 GF Grilled Cheese Sandwich Tater Gems Baby Carrots Grape Tomatoes Baked Apples Craisins
30 Hamburger on a GF Bun Ranch Beans Baby Carrots Fresh Veggie Choice Peaches/ & BB Lemon Cookies Strawberries	31 Chicken Fajita Meat/Tortilla Chips Steamed Broccoli Romaine Salad Pepper Strips Pears Orange Wedges	Students please join us as we kick off National School Breakfast Week March 2nd- March 6th. Students will get one free breakfast meal on Monday, March 2nd in the cafeteria.		<u>Meal Prices for 2019-20</u> Elementary Lunch \$2.70 Milk \$.50 Student Breakfast \$1.85
* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice. Gluten Free cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.				