Norwalk Lunch Menu Grades 6-8 March 2020

2 MONDAY	3 TUESDAY	4 WEDNESDAY	5 THURSDAY	6 FRIDAY
Philly Chicken Sandwich	Chicken Tenders	Mini Corn Dogs	Spicy Chicken Sandwich	Garlic Cheese Bread
BBQ Pork Rib on a Bun*	Cheese Stuffed Sticks/Marinara	Grilled Cheese Sandwich	Stuffed Crust Cheese Pizza	Cheese Burger on a Bun
Chicken Tortilla Soup/Biscuit	Frito Chili Pie/Cinnamon Roll	Pancakes/Egg Omelet	Chicken & Gravy/Biscuit	Chicken Fajita/Salsa
Potato Smiles	Green Beans	Hash Brown	Mashed Potatoes	Refried Beans
Steamed Broccoli	Tater Gems	Edamame	Glazed Carrots	Steamed Corn
Assorted Applesauce Cup	Apple Slices	100% Fruit Juice Cup	Mandarin Oranges	Chilled Blueberries
Apricots	Peaches	Pineapple Tidbits	Pears	Fruit Cocktail
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
9 MONDAY	10 TUESDAY	11 WEDNESDAY	12 THURSDAY	13 FRIDAY
Chicken Drumstick/Biscuit	Fish Sticks/Dinner Roll	Bacon* Cheese Burger		
Bosco Cheese Sticks/Marinara	Chicken Nuggets/Dinner Roll	Fiestada Pizza/Salsa		
Macaroni & Cheese	Kwik Lasagna/Breadstick	Chicken & Noodles/Dinner Roll	No School!	No School!
Italian Blend Vegetables	Oven Baked Tater Gems	Mashed Potatoes		
Steamed Peas	Mixed Vegetables	Sweet Potato Fries		
Thickened Strawberries	Fruit Choice	Applesauce Cup		
Orange Wedges	Fruity Side Kick	Dried Fruit		
Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit		
16 MONDAY	17 TUESDAY	18 WEDNESDAY	19 THURSDAY	20 FRIDAY
	BBQ Pork Rib on a Bun* Chicken Tortilla Soup/Biscuit Potato Smiles Steamed Broccoli Assorted Applesauce Cup Apricots Assorted Fresh Fruit MONDAY Chicken Drumstick/Biscuit Bosco Cheese Sticks/Marinara Macaroni & Cheese Italian Blend Vegetables Steamed Peas Thickened Strawberries Orange Wedges Assorted Fresh Fruit	Philly Chicken Sandwich BBQ Pork Rib on a Bun* Chicken Tortilla Soup/Biscuit Potato Smiles Steamed Broccoli Assorted Applesauce Cup Apricots Assorted Fresh Fruit PMONDAY Chicken Drumstick/Biscuit Bosco Cheese Sticks/Marinara Macaroni & Cheese Italian Blend Vegetables Steamed Peas Thickened Strawberries Orange Wedges Assorted Fresh Fruit Chicken Drumstick Bosco Cheese Fruit Chicken Drumstick Bosco Cheese Fruit Chicken Cheese Fruit Chicken Nuggets/Dinner Roll Kwik Lasagna/Breadstick Oven Baked Tater Gems Mixed Vegetables Fruit Choice Fruit Side Kick Assorted Fresh Fruit	Philly Chicken Sandwich BBQ Pork Rib on a Bun* Chicken Tortilla Soup/Biscuit Potato Smiles Steamed Broccoli Assorted Applesauce Cup Apricots Assorted Fresh Fruit PMONDAY Chicken Drumstick/Biscuit Bosco Cheese Sticks/Marinara Macaroni & Cheese Steamed Peas Steamed Peas Mini Corn Dogs Grilled Cheese Sandwich Pancakes/Egg Omelet Hash Brown Edamame Hash Brown Edamame 100% Fruit Juice Cup Pineapple Tidbits Assorted Fresh Fruit Bosco Cheese Sticks/Marinara Macaroni & Cheese Steamed Peas Thickened Strawberries Orange Wedges Assorted Fresh Fruit	Philly Chicken Sandwich BBQ Pork Rib on a Bun* Cheese Stuffed Sticks/Marinara Chicken Tortilla Soup/Biscuit Potato Smiles Steamed Broccoli Assorted Applesauce Cup Apricots Assorted Fresh Fruit Policken Drumstick/Biscuit Bosco Cheese Sticks/Marinara Chicken Nuggets/Dinner Roll Bosco Cheese Sticks/Marinara Macaroni & Cheese Steamed Peas Thickened Strawberries Orange Wedges Assorted Fresh Fruit

Entrée Selection Entrée Selection Entrée Selection

> Choose Side Items: (Must choose at least 1 side to build a meal.)



Choose an Entrée:	23 MONDAY	24 TUESDAY	25 WEDNESDAY	26 THURSDAY	27 FRIDAY	
Entrée Selection	Fiestada Pizza/Salsa	Pizza Burger	Hot Dog on a Bun*	Stuffed Crust Pepperoni Pizza*	Cheese Stuffed Sticks/Marinara	
Entrée Selection	Chicken Nuggets/Dinner Roll	Drumstick/Dinner Roll	Pork Fritter on a Bun*	Corn Dog	BBQ Beef on a Bun	
Entrée Selection	Build Your Own Macaroni/Roll	Chicken Alfredo Pasta	Beef & Cheese Nachos	Meatball Sub	Pancakes/ Egg Omelet	
Choose Side Items:	Broccoli	Sugar Snap Peas	Ranch Beans	Sweet Potato Fries	Hash Brown	
(Must choose at least 1	Steamed Peas	Baked Beans	Oven Baked Potato Wedges	Steamed Peas	Glazed Carrots	
side to build a meal.)	Pears	Thickened Strawberries	Peaches	Mandarin Oranges	Blueberries	
	Apricots	Pineapple	Fruit Cocktail	Strawberry Applesauce	100% Juice	
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	
Choose an Entrée:	30 MONDAY	31 TUESDAY		Students please join us as we kick off National School Breakfast Week March 2nd-		
Entrée Selection	Bosco Cheese Sticks/Marinara	Spicy Chicken Sandwich				
Entrée Selection	Chicken Tenders/Dinner Roll	Cheese Burger on Bun	Daily Side Choices also include fresh			
Entrée Selection	Salisbury Steak/Biscuit	Orange Chicken/Steamed Rice	vegetables offered each day on our Vegetable Bar including: Romaine Lettuce, Baby	March 6th. Students will get one free breakfast		
Choose Side Items:	Mashed Potatoes	Steamed Peas	Carrots, Tomatoes, Broccoli or Cauliflower,			
(Must choose at least 1	Green Beans	California Blend Vegetables	and other assorted fresh vegetables.	meal on Monday, March 2nd in the cafeteria.		
side to build a meal.)	Applesauce	Fresh Apple Slices				
	Peaches	Fruit Cocktail				
	Assorted Fresh Fruit	Assorted Fresh Fruit				

Breakfast Entrees Rotate Weekly. A Variety of Meal Options are available for lunch & breakfast.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar and a Carton of Milk

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.