Norwalk Lunch Menu Grades 9-12 January 2020

Choose an Entrée:	MONDAY	TUESDAY	1 WEDNESDAY	2 THURSDAY	3 FRIDAY
Entrée Selection					
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Entrée Selection					
		Happy			
Choose Side Items:		New			
(Must choose at least 1		N V			
side to build a meal.)					
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Choose an Entrée:	6 MONDAY	7 TUESDAY	8 WEDNESDAY	9 THURSDAY	10 FRIDAY Corn Dog
Entrée Selection	Popcorn Chicken/Dinner Roll	Bosco Cheese Sticks/Marinara	Sausage Pizza*	Chicken Drumstick/Dinner Roll	8
Entrée Selection	Breaded Mozzarella Sticks/Marinara	Pulled BBQ Pork on a Bun*	Breaded Chicken Sandwich	Real Slice Pepperoni Pizza*	Garlic Cheese French Bread
Entrée Selection	Chicken Tortilla Soup/Biscuit	French Toast Sticks/Egg Omelet	Sweet Thai Chili Chicken/Rice	Orange Chicken & Rice	Queso & Chips
Choose Side Items:	Potato Smiles	Hash Brown	Glazed Carrots	Green Beans	Baked Beans
(Must choose at least 1	Broccoli	Edamame	Steamed Peas	Sweet Potato Fries	Corn
side to build a meal.)	Strawberry Applesauce	100% Juice Cup	Mandarin Oranges	Pineapple	Fruity Side Kick
	Apricots	Pears	Fruit Choice	Strawberries	Peaches
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	13 MONDAY	14 TUESDAY	15 WEDNESDAY	16 THURSDAY	17 FRIDAY
Entrée Selection	Spicy Chicken Sandwich	BBQ Pork Rib Sandwich	Cheese Pizza	Chicken Nuggets/Dinner Roll	Bacon* Cheese Burger
Entrée Selection	Pizza Crunchers	Mini Corn Dogs	Hot Dog on Bun*	Garlic Cheese French Bread	Fiestada Pizza/Salsa
Entrée Selection	Baked Potato Soup/Cinnamon Roll	Macaroni & Cheese/Bread Stick	Loaded Tots/Warrior Waffle	Chicken Alfredo/Breadstick	Chicken & Noodles/Dinner Roll
Choose Side Items:	Tater Tots	Sweet Potato Fries	Mixed Vegetables	Italian Blend Vegetables	California Blend Vegetables
(Must choose at least 1	Steamed Broccoli	Fiesta Black Beans	Scalloped Potatoes	Steamed Broccoli	Mashed Potatoes
side to build a meal.)	Pears	Pineapple	Peaches	Apple Slices	Mandarin Oranges
	Strawberries	Apple Crisp	Applesauce	Fruit Choice	Dried Fruit
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	20 MONDAY	21 TUESDAY	22 WEDNESDAY	23 THURSDAY	24 FRIDAY
Entrée Selection		Chicken Patty on a Bun	BBQ Pork Rib on Bun*	Chicken Tenders/Dinner Roll	Cheeseburger with Crispy Onions
Entrée Selection	NO SCHOOL!	Pepperoni French Bread*	Stuffed Crust Pepperoni Pizza*	Breaded Pork Fritter*	Breaded Mozzarella Sticks/Marinara
Entrée Selection		Orange Chicken/Rice	Walking Taco	French Toast/Sausage Patties*	Chicken Fajita Pasta/Bread Stick
Choose Side Items:	MA	Steamed Broccoli	Ranch Beans	Hash Brown	Glazed Carrots
(Must choose at least 1		Sweet Potato Fries	Oven Baked Fries	Mixed Vegetables	Italian Blend Vegetables
side to build a meal.)		Pineapple	Oven Baked Fries Orange Wedges	Chilled Blueberries	Applesauce
Choose an Entrée:		Thickened Strawberries	Baked Apples	100% Juice	Mandarin Oranges
		Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
	27 MONDAY	28 TUESDAY	29 WEDNESDAY	30 THURSDAY	31 FRIDAY
Entrée Selection	Chicken Nuggets/Roll	Philly Chicken Sandwich			Fish Nuggets/Dinner Roll
Entrée Selection	Breaded Pork Fritter* on a Bun	Cheese Stuffed Sticks/Marinara	Mini Corn Dogs Grilled Cheese Sandwich	Chicken Leg/Biscuit Garlic Cheese Bread	Chicken Sticks/Dinner Roll
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Entrée Selection	Baked Potato with Cheese/Biscuit	Frito Chili Pie/Cinnamon Roll	Pancakes/Egg Omelet	Chicken & Gravy/Biscuit	Lasagna Pasta/Bread Stick
Choose Side Items:	Steamed Broccoli	Green Beans	Hash Brown	Mashed Potatoes	Oven Baked Fries
(Must choose at least 1	Oven Baked Tots	Corn	Edamame	Glazed Carrots	Mixed Vegetables
side to build a meal.)	Apple Slices	Applesauce	100% Fruit Juice	Mandarin Oranges	Fruit Choice
	Apricots	Banana	Pineapple Tidbits	Diced Pears	Fruity Side Kick
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit

Weekly Breakfast Menus Include Your Choice of Cereal/Toast, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning beginning at 7:30 to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.