

Norwalk Lunch Menu Grades 6-8 February 2020



Choose an Entrée:	3 MONDAY	4 TUESDAY	5 WEDNESDAY	6 THURSDAY	7 FRIDAY
Entrée Selection	Fiestada Pizza/Salsa	Pizza Burger	Hot Dog on a Bun*	Stuffed Crust Pepperoni Pizza*	Cheese Stuffed Sticks/Marinara
Entrée Selection	Chicken Nuggets/Dinner Roll	Drumstick/Dinner Roll	Pork Fritter on a Bun*	Corn Dog	BBQ Beef on a Bun
Entrée Selection	Build Your Own Macaroni/Roll	Chicken Alfredo Pasta	Beef & Cheese Nachos	Meatball Sub	Pancakes/ Egg Omelet
	Broccoli	Sugar Snap Peas	Ranch Beans	Sweet Potato Fries	Hash Brown
Choose Side Items:	Steamed Peas	Baked Beans	Oven Baked Potato Wedges	Steamed Peas	Glazed Carrots
(Must choose at least 1	Pears	Thickened Strawberries	Peaches	Mandarin Oranges	Blueberries
side to build a meal.)	Apricots	Pineapple	Fruit Cocktail	Strawberry Applesauce	100% Juice
1	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	10 MONDAY	11 TUESDAY	12 WEDNESDAY	13 THURSDAY	14 FRIDAY
Entrée Selection	Bosco Cheese Sticks/Marinara	Spicy Chicken Sandwich	Breaded Chicken Sandwich	Breaded Mozzarella Sticks/Marinara	Chicken Sticks/Dinner Roll
Entrée Selection	Chicken Tenders	Cheese Burger on Bun	Cheese Pizza	Hot Dog on a Bun*	Hamburger on Bun
Entrée Selection	Salisbury Steak/Biscuit	Orange Chicken/Steamed Rice	Beef & Noodles/Dinner Roll	Soft-Shell Beef Taco/Salsa	Spaghetti/Breadstick
	Mashed Potatoes	Steamed Peas	Scalloped Potatoes	Refried Beans	Sweet Potato Fries
Choose Side Items:	Green Beans	California Blend Vegetables	Steamed Cauliflower	Steamed Broccoli	Seasoned Corn
(Must choose at least 1	Applesauce	Fresh Apple Slices	Thickened Strawberries	Pineapple	Baked Spiced Apples
side to build a meal.)	Peaches	Fruit Cocktail	Pears	Mandarin Oranges	Dried Fruit
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	17 MONDAY	18 TUESDAY	19 WEDNESDAY	20 THURSDAY	21 FRIDAY
Entrée Selection	Fish Sandwich	Fiestada Pizza/Salsa	Pepperoni French Bread*	Chicken Tenders	Corn Dog
Entrée Selection	Pizza Crunchers	Breaded Chicken Sandwich	Pulled BBQ Pork on a Bun*	Real Slice Pepperoni Pizza*	Garlic Cheese French Bread
Entrée Selection	Popcorn Chicken Bowl/Dinner Roll	Sweet Thai Chili Chicken/Rice	French Toast Sticks/Egg Omelet	Cheeseburger Macaroni/Roll	Queso & Chips
	Mashed Potatoes	Glazed Carrots	Hash Brown	Green Beans	Baked Beans
Choose Side Items:	Sweet Corn	Steamed Peas	Edamame	Sweet Potato Fries	Scalloped Potatoes
(Must choose at least 1	Mandarin Oranges	Applesauce	Strawberries	Pears	Apricots
side to build a meal.)	Fruit Choice & Pkg. Cookies	Peaches	Banana	Fruit Cocktail	Strawberry Applesauce
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	24 MONDAY	25 TUESDAY	26 WEDNESDAY	27 THURSDAY	28 FRIDAY
Entrée Selection	Sloppy Joe on a Bun	Pork Chopette* on Bun	BBQ Pork Rib on Bun*	Pizza Crunchers	Chicken Nuggets/Dinner Roll
Entrée Selection	Breaded Chicken Patty on Bun	Cheese Stuffed Sticks/Marinara	Stuffed Crust Cheese Pizza	Italian Beef Sandwich	Grilled Cheese Sandwich
Entrée Selection	Teriyaki Chicken/Rice	Homemade Italian Pasta/Roll	Chicken Fajita Pasta/Bread Stick	French Toast/Sausage Patties*	Meatball Sub
	Steamed Corn	Steamed Broccoli	Glazed Carrots	Hash Brown	Crosstrax Sweet Potato Fries
Choose Side Items:	Edamame	Sweet Potato Fries	Potato Wedges	Mixed Vegetables	Seasoned Peas
(Must choose at least 1	Pears	Fruit Cocktail	Peaches	Apple Slices	Dried Fruit
side to build a meal.)	Strawberries	Mandarin Oranges	Applesauce	Fruity Side Kick	Peaches
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit

Weekly Breakfast Menus Include Your Choice of Cereal/Toast, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning beginning at 7:20 to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.