





# Norwalk Community School District-Lakewood



## FEBRUARY 2020 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Bacon Breakfast Pizza* Fruit, Juice & Milk	4 Cheese Omelet, Toast Fruit, Juice & Milk	5 French Toast Sticks Fruit, Juice & Milk	6 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	7 Sausage Pancake on a Stick* Fruit, Juice & Milk
<b>BBQ Beef on a Bun</b> <b>Deli Turkey Sandwich</b> French Fries Baby Carrots Chilled Edamame Apple Slices/Pkg. Cookies Fruit Cocktail	<b>Mini Corn Dogs</b> <b>Diced Ham*/Dinner Roll</b> Steamed Broccoli Romaine Salad Zucchini Slices Fresh Fruit Choice Applesauce	<b>Macaroni &amp; Cheese/Roll</b> <b>Deli Ham Sandwich*</b> Steamed Peas Baby Carrots Celery Sticks Peaches Pineapple Tidbits	<b>Chicken Fajita/Salsa</b> <b>Turkey &amp; Cheese Roll-Up</b> Ranch Beans Shredded Romaine Lettuce Diced Tomatoes/Cheese Fruity Side Kick Apple Crisp	<b>Garlic Cheese Bread Sticks/Marinara</b> <b>Deli Ham Sandwich*</b> Steamed Corn Baby Carrots Cherry Tomatoes Mandarin Oranges Craisins
10 Bacon Breakfast Pizza* Fruit, Juice & Milk	11 Cheese Omelet, Toast Fruit, Juice & Milk	12 French Toast Sticks Fruit, Juice & Milk	13 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	14 Sausage Pancake on a Stick* Fruit, Juice & Milk
<b>Popcorn Chicken</b> <b>Deli Turkey Sandwich</b> Oven Baked Tater Tots Baby Carrots Chilled Edamame Apple Slices Fruit Cocktail	<b>Lasagna Pasta/Bread Stick</b> <b>Deli Ham Sandwich*</b> Steamed Broccoli Romaine Salad Zucchini Slices Banana Applesauce	<b>Cheese Pizza</b> <b>Sun Butter Sandwich</b> Mixed Vegetables Baby Carrots Celery Sticks Peaches Pineapple Tidbits	<b>Beef &amp; Cheese Nachos/Salsa</b> <b>Diced Ham*/Dinner Roll</b> Refried Beans Shredded Romaine Lettuce Diced Tomatoes Mandarin Oranges Pears	<b>Pancakes/Sausage Patties*</b> <b>Deli Turkey on WG Bun</b> Tri-Tater  Baby Carrots Grape Tomatoes Fruity Side Kick Dried Fruit
17 Bacon Breakfast Pizza* Fruit, Juice & Milk	18 Cheese Omelet, Toast Fruit, Juice & Milk	19 French Toast Sticks Fruit, Juice & Milk	20 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	21 Sausage Pancake on a Stick* Fruit, Juice & Milk
<b>Breaded Mozzarella Sticks/Marinara</b> <b>Deli Ham Sandwich*</b> Green Beans  Baby Carrots Cucumber Slices Mandarin Oranges Fruit Cocktail	<b>Pepperoni Pizza*</b> <b>Diced Turkey/Dinner Roll</b> Edamame Romaine Lettuce Broccoli Apple Wedges Pineapple	<b>Beef &amp; Noodles/Roll</b> <b>Deli Turkey Sandwich</b> Mashed Potatoes Baby Carrots Chilled Peas Pears Strawberries	<b>Breaded Chicken Sandwich</b> <b>Diced Ham*/Dinner Roll</b> French Fries Romaine Salad Sliced Tomatoes Fresh Fruit Choice Peaches	<b>Pizza Crunchers</b> <b>Sun Butter Sandwich</b> Baked Beans Baby Carrots Celery Sticks Applesauce Blueberries
24 Bacon Breakfast Pizza* Fruit, Juice & Milk	25 Cheese Omelet, Toast Fruit, Juice & Milk	26 French Toast Sticks Fruit, Juice & Milk	27 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	28 Sausage Pancake on a Stick* Fruit, Juice & Milk
<b>Hot Dog on a Bun*</b> <b>Deli Turkey Sandwich</b> Baked Beans Baby Carrots Cucumber Slices Apricots Thickened Strawberries	<b>Chicken Tenders</b> <b>Diced Ham*/Dinner Roll</b> Corn Romaine Lettuce Red Pepper Strips Banana Fruit Cocktail	<b>Garlic Cheese Bread</b> <b>Deli Ham Sandwich*</b> Steamed Broccoli Baby Carrots Chilled Edamame Apple Wedges Mandarin Oranges	<b>Walking Taco</b> <b>Diced Turkey/Dinner Roll</b> Ranch Beans Romaine Salad Diced Tomatoes Baked Apples Peaches	<b>French Toast/Egg Omelet</b> <b>Sun Butter Sandwich</b> Hash Brown Baby Carrots Broccoli Florettes 100% Orange Juice Blueberries
<p>* Entrée May Contain Pork      Only Whole Grain Products Are Served      A Variety of Condiments Are Offered Daily            USDA is an equal opportunity provider.      Menu is subject to change without notice.</p> <p>Cereal &amp; Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry            Students may choose a hot entrée, cold entrée or yogurt &amp; string cheese option daily. All meals include side choices &amp; carton of milk.</p>				