



# Norwalk Community School District-Eastview



FEBRUARY 2020 GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>GF Chicken Tenders/GF Roll</b> Broccoli Steamed Peas Apricots Pears	<b>4</b> <b>Pizza Burger on GF Bun</b> Sugar Snap Peas Baked Beans Thickened Strawberries Pineapple	<b>5</b> <b>Hot Dog on a GF Bun</b> Ranch Beans Oven Baked Potato Wedges Peaches Fruit Cocktail	<b>6</b> <b>GF Pepperoni Pizza*</b> Sweet Potato Fries Steamed Peas Mandarin Oranges Strawberry Applesauce	<b>7</b> <b>GF Pancakes/Egg Omelet</b> Hash Brown Glazed Carrots Blueberries 100% Juice
<b>10</b> <b>Homemade GF Garlic Cheese Bread</b> Mashed Potatoes Green Beans Applesauce Peaches	<b>11</b> <b>GF Cheese Burger</b> Steamed Peas California Blend Vegetables Fresh Apple Slices Applesauce	<b>12</b> <b>GF Cheese Pizza</b> Baby Carrots Steamed Cauliflower Thickened Strawberries Pears	<b>13</b> <b>Beef Taco Meat/Tortilla Chips</b> Refried Beans Steamed Broccoli Mandarin Oranges Pineapple	<b>14</b> <b>Hamburger on GF Bun</b> Sweet Potato Fries Seasoned Corn Dried Fruit Baked Spiced Apples
<b>17</b> <b>GF Grilled Cheese Sandwich</b> Mashed Potatoes Corn Mandarin Oranges Fruit Choice	<b>18</b> <b>GF Cheese Pizza*</b> Glazed Carrots Steamed Peas Applesauce Peaches	<b>19</b> <b>GF Pancakes/Egg Omelet</b> Hash Brown Edamame Banana Strawberries	<b>20</b> <b>GF Chicken Tenders/GF Roll</b> Green Beans Sweet Potato Fries Pears Fruit Cocktail	<b>21</b> <b>Queso Blanco/Tortilla Chips</b> Baked Beans Baby Carrots Strawberry Applesauce Apricots
<b>24</b> <b>Sloppy Joe on GF Bun</b> Steamed Corn Edamame Pears Thickened Strawberries	<b>25</b> <b>Grilled Chicken on GF Bun</b> Steamed Broccoli Sweet Potato Fries Fruit Cocktail Mandarin Oranges	<b>26</b> <b>Homemade GF Cheese Bread</b> Glazed Carrots Potato Wedges Peaches Applesauce	<b>27</b> <b>GF Pancakes/Sausage Patties*</b> Hash Brown Mixed Vegetables Apple Slices Fruity Side Kick	<b>28</b> <b>GF Grilled Cheese Sandwich</b> Sweet Potato Fries Seasoned Peas Dried Fruit Peaches



\* Entrée May Contain Pork      Only Whole Grain Products Are Served      A Variety of Condiments Are Offered Daily  
 USDA is an equal opportunity provider.      Menu is subject to change without notice.

GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry  
 Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.