






Norwalk Community School District-Lakewood

NOVEMBER 2019 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Meal Prices for 2019-2020</p> <p>Elementary Lunch \$2.70 Milk \$.50 Student Breakfast \$1.85</p>	 <p>Breakfast is offered each day before school. Join us each morning beginning at 7:30. We hope to see you there!</p>			<p>1 Sausage Pancake on a Stick* Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Grilled Cheese Sandwich Diced Turkey/Dinner Roll Sweet Corn Baby Carrots Celery Sticks Pineapple Orange Wedges</p>
<p>4 Bacon Breakfast Pizza* Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Stuffed Crust Cheese Pizza Sun Butter Sandwich Steamed Peas Baby Carrots Fresh Veggie Medley Diced Pears Peach Applesauce Cup</p>	<p>5 Cheese Omelet, Toast Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Chicken Nuggets Shredded Cheese/Dinner Roll Steamed Broccoli Romaine Salad Chilled Edamame Thickened Strawberries Pineapple</p>	<p>6 French Toast Sticks Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Corn Dog Colby Jack Cheese Stick/Dinner Roll Baked Beans Baby Carrots Red Pepper Strips Mandarin Oranges Fruit Cocktail</p>	<p>7</p> <p style="font-size: 1.2em;"><i>No School K-5 ONLY</i></p> 	<p>8</p> <p style="font-size: 1.2em;"><i>No School K-12</i></p>
<p>11 Bacon Breakfast Pizza* Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Fish Treasures/Goldfish Crackers Diced Ham*/Goldfish Crackers Oven Baked Tater Tots Baby Carrots Chilled Edamame Apple Slices Diced Peaches</p>	<p>12 Cheese Omelet, Toast Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Orange Chicken/Rice Deli Ham Sandwich* Steamed Broccoli Romaine Salad Zucchini Slices Banana Applesauce</p>	<p>13 French Toast Sticks Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Cheese Stuffed Sticks/Marinara Sun Butter Sandwich Green Beans Baby Carrots Celery Sticks Peaches Pineapple Tidbits</p>	<p>14 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Walking Taco/Salsa Diced Turkey/Dinner Roll Refried Beans Shredded Romaine Lettuce Diced Tomatoes Mandarin Oranges Pears</p>	<p>15 Sausage Pancake on a Stick* Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Pancakes/Sausage Patties* Deli Turkey on WG Bun Tri-Tater Baby Carrots Grape Tomatoes 100% Fruit Juice Dried Fruit</p>
<p>18 Bacon Breakfast Pizza* Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Real Slice Cheese Pizza Sun Butter Sandwich Steamed Peas Baby Carrots Zucchini Sticks Diced Pears Peaches</p>	<p>19 Cheese Omelet, Toast Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Breaded Mozzarella Sticks/Marinara Diced Turkey/Dinner Roll Fiesta Black Beans Romaine Salad Cucumber Slices Pineapple Thickened Strawberries</p>	<p>20 French Toast Sticks Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Beef & Noodles/Roll Deli Turkey Sandwich Mashed Potatoes Baby Carrots Broccoli Fruit Cocktail Grapes</p>	<p>21 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Cheese Burger on Bun Deli Ham Sandwich* Baked Beans Romaine Salad Tomato Slices Mandarin Oranges Applesauce</p>	<p>22 Sausage Pancake on a Stick* Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>French Toast/Trix Yogurt Sun Butter Sandwich Hash Brown Baby Carrots Celery Sticks & Hummus 100% Fruit Juice Blueberries</p>
<p>25 Bacon Breakfast Pizza* Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Pepperoni Pizza* Deli Turkey Sandwich Corn Baby Carrots Chilled Edamame Applesauce Peaches</p>	<p>26 Cheese Omelet, Toast Fruit, Juice & Milk</p> <hr style="border-top: 1px dashed black;"/> <p>Chicken Tenders Diced Ham*/Dinner Roll Green Beans Romaine Lettuce Fresh Veggie Medley Fresh Apple Slices Fruit Cocktail</p>	<p>27</p> 	<p>28</p> 	<p>29</p> 
<p>* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice.</p> <p>Cereal & Graham Crackers are offered daily as a breakfast option. Each meal comes with a carton of milk - 1% White or Skim White, Chocolate or Strawberry Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.</p>				