


Norwalk Lunch Menu Grades 9-12 December 2019

	2	3	4	5	6
Choose an Entrée:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<i>Entrée Selection</i>	Grilled Chicken Sandwich	Spicy Chicken Sandwich	Real Slice Cheese Pizza	Chicken Leg/Dinner Roll	Bacon* Cheese Burger
<i>Entrée Selection</i>	Breaded Mozzarella Sticks/Marinara	Pizza Crunchers	Hot Dog on Bun*	Garlic Cheese French Bread	Fiestada Pizza/Salsa
<i>Entrée Selection</i>	Popcorn Chicken Bowl/Dinner Roll	Beef & Cheese Tots/Warrior Waffle	Teriyaki Chicken/Rice	Macaroni & Cheese/Bread Stick	Chicken & Noodles/Dinner Roll
Choose Side Items: (Must choose at least 1 side to build a meal)	Mashed Potatoes/Gravy Corn Pears Strawberries Assorted Fresh Fruit	Sweet Potato Crosstrax Fries Fiesta Black Beans Fruit Cocktail Apple Slices Assorted Fresh Fruit	Green Beans Oven Baked Fries Peaches Applesauce Assorted Fresh Fruit	Italian Blend Vegetables Steamed Broccoli Orange Wedges Pineapple Assorted Fresh Fruit	California Blend Vegetables Mashed Potatoes Mandarin Oranges Dried Fruit Assorted Fresh Fruit
Choose an Entrée:	9 MONDAY	10 TUESDAY	11 WEDNESDAY	12 THURSDAY	13 FRIDAY
<i>Entrée Selection</i>	Sloppy Joe on a Bun	Pork Chopette* on Bun	BBQ Pork Rib on Bun*	Chicken Tenders/Dinner Roll	Sausage Pizza*
<i>Entrée Selection</i>	Breaded Chicken Patty on Bun	Pepperoni French Bread*	Stuffed Crust Pepperoni Pizza*	Italian Beef Sandwich	Chicken Sticks/Dinner Roll
<i>Entrée Selection</i>	Loaded Potato Soup*/Cinnamon Roll	Homemade Italian Pasta/Roll	Chicken Fajita Pasta/Bread Stick	French Toast/Sausage Patties*	Walking Taco
Choose Side Items: (Must choose at least 1 side to build a meal)	Steamed Corn Edamame Pears Peach Applesauce Cup Assorted Fresh Fruit	Steamed Broccoli Sweet Potato Fries Pineapple Thickened Strawberries Assorted Fresh Fruit	Glazed Carrots Potato Wedges Orange Wedges Baked Apples Assorted Fresh Fruit	Hash Brown Mixed Vegetables Chilled Blueberries 100% Juice Assorted Fresh Fruit	Refried Beans Italian Blend Vegetables Applesauce Mandarin Oranges Assorted Fresh Fruit
Choose an Entrée:	16 MONDAY	17 TUESDAY	18 WEDNESDAY	19 THURSDAY	20 FRIDAY
<i>Entrée Selection</i>	Philly Chicken Sandwich	Spicy Chicken Tenders/Roll	Mini Corn Dogs	Spicy Chicken on a Bun	Garlic Cheese Bread
<i>Entrée Selection</i>	Bosco Cheese Sticks/Marinara	BBQ Pork Rib on Bun*	Grilled Cheese Sandwich	Stuffed Crust Cheese Pizza	Cheese Burger on a Bun
<i>Entrée Selection</i>	Orange Chicken/Rice	Frito Chili Pie/Cinnamon Roll	Pancakes/Egg Omelet	Cook's Choice	Chicken Fajitas/Salsa
Choose Side Items: (Must choose at least 1 side to build a meal)	Steamed Broccoli Corn on the Cob Apple Slices Fruit Cocktail Assorted Fresh Fruit	Italian Blend Vegetables Tater Gems Applesauce Banana Assorted Fresh Fruit	Hash Brown Edamame 100% Fruit Juice Pineapple Tidbits Assorted Fresh Fruit	Vegetable Choice Glazed Carrots Mandarin Oranges Diced Pears Assorted Fresh Fruit	Green Beans Oven Baked Fries Peaches Fruit Choice Assorted Fresh Fruit
23 MONDAY	24 TUESDAY	25 WEDNESDAY	26 THURSDAY	27 FRIDAY	
<p>Winter Break Dec. 21-Jan. 3</p> 					

Weekly Breakfast Menus Include Your Choice of Cereal/Graham Crackers or Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.