



## Norwalk Lunch Menu Grades 9-12 August 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		<b>Prices for the 2019-2020 School Year</b> Secondary Breakfast                      \$1.85 Secondary Lunch                              \$2.80 Individual Milk                                \$0.50 Second Entrée                                 \$2.80 Second Meal                                    \$3.30				
Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i>  Choose Side Items: (Must choose at least 1 fruit or veggie side to build a meal.)	Daily Side Choices also include fresh vegetables offered each day on our Vegetable Bar including: Romaine Lettuce, Baby Carrots, Tomatoes, Broccoli or Cauliflower, and other assorted fresh vegetables.				23 FRIDAY  Cheese Stuffed Sticks/Marinara BBQ Beef on a Bun Pancakes/ Egg Omelet  Hash Brown Glazed Carrots Blueberries 100% Juice Assorted Fresh Fruit	
Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i>  Choose Side Items: (Must choose at least 1 fruit or veggie side to build a meal.)	26 MONDAY  Bosco Cheese Sticks/Marinara Chicken Tenders/Dinner Roll Salisbury Steak/Biscuit  Mashed Potatoes Green Beans Pineapple Thickened Strawberries Assorted Fresh Fruit	27 TUESDAY  Spicy Chicken Sandwich Cheese Burger on Bun Orange Chicken over Steamed Rice  Steamed Peas California Blend Vegetables Fresh Apple Slices Fruit Cocktail Assorted Fresh Fruit	28 WEDNESDAY  Breaded Chicken Sandwich Cheese Pizza Beef & Noodles/Dinner Roll  Scalloped Potatoes Steamed Cauliflower Watermelon Applesauce Assorted Fresh Fruit	29 THURSDAY  Breaded Mozzarella Sticks/Marinara Hot Dog on a Bun* Soft-Shell Beef Tacos/Salsa  Refried Beans Steamed Broccoli Pears Mandarin Oranges Assorted Fresh Fruit	30 FRIDAY  Chicken Nuggets/Dinner Roll Hamburger on Bun Spaghetti & Meatballs/Breadstick  Crosstrax Sweet Potato Fries Seasoned Corn Baked Spiced Apples Peaches Assorted Fresh Fruit	

Weekly Breakfast Menus Include Your Choice of Cereal/Graham Crackers, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

\*Entrée May Contain Pork    Whole Grain Products Offered Daily    Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.