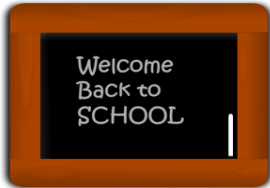



Norwalk Lunch Menu Grades 6-8 August 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		Prices for the 2019-2020 School Year Secondary Breakfast \$1.85 Secondary Lunch \$2.80 Individual Milk \$0.50 Second Entrée \$2.80 Second Meal \$3.30				

<p>Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 fruit or veggie side to build a meal.)</p>	<p>Daily Side Choices also include fresh vegetables offered each day on our Vegetable Bar including: Romaine Lettuce, Baby Carrots, Tomatoes, Broccoli or Cauliflower, and other assorted fresh vegetables.</p>				<p>23 FRIDAY</p> <p>Cheese Stuffed Sticks/Marinara BBQ Beef on a Bun Pancakes/ Egg Omelet</p> <p>Hash Brown Glazed Carrots Blueberries 100% Juice Assorted Fresh Fruit</p>
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<p>Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 fruit or veggie side to build a meal.)</p>	<p>26 MONDAY</p> <p>Bosco Cheese Sticks/Marinara Chicken Tenders Salisbury Steak/Biscuit</p> <p>Mashed Potatoes Green Beans Pineapple Thickened Strawberries Assorted Fresh Fruit</p>	<p>27 TUESDAY</p> <p>Spicy Chicken Sandwich Cheese Burger on Bun Orange Chicken over Steamed Rice</p> <p>Steamed Peas California Blend Vegetables Fresh Apple Slices Fruit Cocktail Assorted Fresh Fruit</p>	<p>28 WEDNESDAY</p> <p>Breaded Chicken Sandwich Cheese Pizza Beef & Noodles/Dinner Roll</p> <p>Scalloped Potatoes Steamed Cauliflower Watermelon Applesauce Assorted Fresh Fruit</p>	<p>29 THURSDAY</p> <p>Breaded Mozzarella Sticks/Marinara Hot Dog on a Bun* Soft-Shell Beef Taco/Salsa</p> <p>Refried Beans Steamed Broccoli Pears Mandarin Oranges Assorted Fresh Fruit</p>	<p>30 FRIDAY</p> <p>Chicken Nuggets/Dinner Roll Hamburger on Bun Spaghetti & Meatballs/Breadstick</p> <p>Crosstrax Sweet Potato Fries Seasoned Corn Baked Spiced Apples Peaches Assorted Fresh Fruit</p>
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Weekly Breakfast Menus Include Your Choice of Cereal/Graham Crackers, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.