



# Norwalk Community School District-Oviatt

MAY 2019 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> French Toast Sticks Fruit, Juice & Milk	<b>2</b> Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	<b>3</b> Sausage Pancake on a Stick* Fruit, Juice & Milk
		<b>Chicken Sticks/Dinner Roll</b> <b>Sliced Cheese/Dinner Roll</b> Baked Beans Baby Carrots Broccoli Orange Wedges Baked Apples	<b>Corn Dog</b> <b>Shredded Cheese/Dinner Roll</b> Green Beans Romaine Salad Red Pepper Strips Applesauce Mandarin Oranges	<b>Garlic Cheese French Bread</b> <b>Deli Ham Sandwich*</b> Hash Brown Baby Carrots Celery Sticks w/Hummus Cup 100% Orange Juice Blueberries
<b>6</b> Bacon Breakfast Pizza* Fruit, Juice & Milk	<b>7</b> Cheese Omelet, Toast Fruit, Juice & Milk	<b>8</b> French Toast Sticks Fruit, Juice & Milk	<b>9</b> Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	<b>10</b> Sausage Pancake on a Stick* Fruit, Juice & Milk
<b>Cheese Stuffed Sticks/Marinara</b> <b>Diced Ham*/Dinner Roll</b> Oven Baked Tater Tots Baby Carrots Chilled Edamame Apple Slices Fruit Cocktail	<b>Orange Chicken/Rice</b> <b>Deli Ham Sandwich*</b> Steamed Broccoli Romaine Salad Zucchini Slices Banana Applesauce	<b>Mini Corn Dogs</b> <b>Sun Butter Sandwich</b> Steamed Peas Baby Carrots Celery Sticks w/ Hummus Peaches Pineapple Tidbits	<b>Walking Taco/Salsa</b> <b>Shredded Cheese/Dinner Roll</b> Refried Beans Shredded Romaine Lettuce Diced Tomatoes Watermelon Pears	<b>Pancakes/Sausage Patties*</b> <b>Deli Turkey on WG Bun</b> Tri-Tater Baby Carrots Grape Tomatoes 100% Fruit Juice Dried Fruit
<b>13</b> Bacon Breakfast Pizza* Fruit, Juice & Milk	<b>14</b> Cheese Omelet, Toast Fruit, Juice & Milk	<b>15</b> French Toast Sticks Fruit, Juice & Milk	<b>16</b> Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	<b>17</b> Sausage Pancake on a Stick* Fruit, Juice & Milk
<b>Chicken Nuggets</b> <b>Cheese Slices/Dinner Roll</b> Sweet Potato Fries Baby Carrots Cucumber Slices Mandarin Oranges Fruit Cocktail	<b>Cheese Pizza</b> <b>Diced Turkey/Dinner Roll</b> Edamame Romaine Lettuce Cherry Tomatoes Apple Wedges Pineapple	<b>Turkey &amp; Gravy/Dinner Roll</b> <b>Deli Ham Sandwich*</b> Mashed Potatoes Baby Carrots Broccoli Pears Strawberries	<b>Cheese Burger on Bun</b> <b>Deli Turkey Sandwich</b> Baked Beans Romaine Salad Tomato Slices Dried Fruit Peaches	<b>French Toast/Egg Omelet</b> <b>Sun Butter Sandwich</b> Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries
<b>20</b> Bacon Breakfast Pizza* Fruit, Juice & Milk	<b>21</b> Cheese Omelet, Toast Fruit, Juice & Milk	<b>22</b> French Toast Sticks Fruit, Juice & Milk	<b>23</b> Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	<b>24</b> Sausage Pancake on a Stick* Fruit, Juice & Milk
<b>Pepperoni Pizza*</b> <b>Deli Turkey Sandwich</b> Steamed Broccoli Baby Carrots Cucumber Slices Apricots Thickened Strawberries	<b>Chicken Tenders</b> <b>Diced Ham*/Dinner Roll</b> Corn Romaine Lettuce Red Pepper Strips Banana Fruit Cocktail	<b>Hot Dog on a Bun*</b> <b>Cheese Sandwich</b> Baked Beans Baby Carrots Zucchini Slices Apple Wedges Mandarin Oranges	<b>Breaded Chicken Patty on a Bun</b> <b>Deli Ham Sandwich*</b> Steamed Edamame Romaine Salad Tomato Slices Mandarin Oranges Diced Pears	<b>Pancakes/Egg Omelet</b> <b>Deli Turkey Sandwich</b> Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Craisins
<b>27</b>	<b>28</b> Cheese Omelet, Toast Fruit, Juice & Milk	<b>29</b> French Toast Sticks Fruit, Juice & Milk	<b>30</b> Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	<b>31</b> Sausage Pancake on a Stick* Fruit, Juice & Milk
<b>MEMORIAL DAY</b> 	<b>Popcorn Chicken/Dinner Roll</b> <b>Diced Ham*/Dinner Roll</b> Steamed Broccoli Baby Carrots Cold Veggie Choice Applesauce Fruit Cocktail	<b>Cheese Pizza</b> <b>Turkey Sandwich</b> Green Beans Baby Carrots Garbanzo Beans Mandarin Oranges Baked Apples	<b>Grilled Cheese Sandwich</b> <b>Deli Ham Sandwich*</b> French Fries Romaine Salad Red Pepper Strips Pineapple Strawberries	<b>Cook's Choice</b> <b>Sun Butter Sandwich</b> Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Fruit Choice
* Entrée May Contain Pork      Only Whole Grain Products Are Served      A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider.      Menu is subject to change without notice.				
Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.				