



Norwalk Community School District-Eastview

MAY 2019 GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 GF Pancakes/Egg Omelet Hashbrown Edamame 100% Fruit Juice Pineapple Tidbits	2 GF Pepperoni Pizza* Potato Smiles Glazed Carrots Mandarin Oranges Pears	3 Chicken Fajita/Tortilla Chips Green Beans Sweet Potato Fries Peaches Blueberries
6 GF Chicken Tenders/GF Roll Mashed Potatoes Sweet Corn Apricots Mandarin Oranges	7 GF Pizza Burger Sugar Snap Peas Broccoli Apple Wedges Pineapple	8 GF Hamburger Sweet Potato Fries Peas Mixed Berries Peaches	9 Beef & Cheese Nachos Ranch Beans Tater Gems Side Kick Fruit Cocktail	10 GF Pancakes/Egg Omelet Tri-Tater Glazed Carrots 100% Fruit Juice Blueberries
13 GF Chicken Tenders/GF Roll Green Beans Mashed Potatoes Pineapple Thickened Strawberries	14 GF Cheese Burger Steamed Peas California Blend Vegetables Apple Wedges Fruit Cocktail	15 Walking Taco Refried Beans Steamed Cauliflower Apricots Applesauce	16 GF Cheese Pizza Baby Carrots Steamed Broccoli Pears Mandarin Oranges	17 GF Turkey Sandwich Sweet Potato Fries Seasoned Corn Dried Fruit Peaches
20 GF Chicken Tenders/GF Roll Potato Smiles Broccoli Strawberry Applesauce Fruit Cocktail	21 GF Pancakes/Egg Omelet Hash Brown Edamame 100% Juice Cup Pears	22 GF Pepperoni Pizza* Glazed Carrots Steamed Peas Mandarin Oranges Blueberries	23 Grilled Chicken Patty on a GF Bun Green Beans Sweet Potato Fries Pineapple Apple Wedges	24 Queso & Chips Baked Beans Corn Mixed Berries Apricots
27 MEMORIAL DAY 	28 GF Chicken Tenders Fiesta Black Beans Crosstrax Sweet Potato Fries Fruit Choice Fruit Choice	29 Pulled Pork on GF Bun Green Beans Veggie Choice Fruit Choice Fruit Choice	30 Homemade GF Grilled Cheese Steamed Broccoli Veggie Choice Fruit Choice Fruit Choice	31 Deli Turkey on GF Bun Celery Stics Baby Carrots Applesauce Cup Dried Fruit

* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.

GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry
 Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.