



Norwalk Lunch Menu Grades 6-8 May 2019

	MONDAY	TUESDAY	1 WEDNESDAY	2 THURSDAY	3 FRIDAY
<p>Choose an Entrée:</p> <p><i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>			<p>Mini Corn Dogs Country Fried Beef on a Bun Pancakes/Egg Omelet Hash Brown Edamame 100% Fruit Juice Pineapple Tidbits Assorted Fresh Fruit</p>	<p>Spicy Chicken on a Bun Cheese Pizza Spaghetti & Meatballs/Breadstick Emoji Mashed Potatoes Glazed Carrots Mandarin Oranges Diced Pears Assorted Fresh Fruit</p>	<p>Garlic Cheese Bread BBQ Pork Rib Sandwich* Chicken Fajita/Salsa Green Beans Battered Sweet Potato Fries Peaches Chilled Blueberries Assorted Fresh Fruit</p>
<p>Choose an Entrée:</p> <p><i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>Fish Sticks/Dinner Roll Pepperoni French Bread Popcorn Chicken Potato Bowl Mashed Potatoes Sweet Corn Mandarin Oranges Apricots Assorted Fresh Fruit</p>	<p>Pizza Burger Drumstick/Dinner Roll Spaghetti & Meatballs/Breadstick Sugar Snap Peas Broccoli Apple Slices Pineapple Assorted Fresh Fruit</p>	<p>Chicken Nuggets/Dinner Roll Hamburger on a Bun Teriyaki Chicken with Rice Crosstrax Sweet Potato Fries Peas Mixed Berries Peaches Assorted Fresh Fruit</p>	<p>Stuffed Crust Pepperoni Pizza* Corn Dog Beef & Cheese Nachos Ranch Beans Oven Baked Tater Gems Strawberry Kiwi Side Kick Fruit Cocktail Assorted Fresh Fruit</p>	<p>Cheese Stuffed Sticks/Marinara BBQ Pork* on a Bun Pancakes/ Egg Omelet Hash Brown Glazed Carrots Blueberries 100% Juice Assorted Fresh Fruit</p>
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<p>Choose an Entrée:</p> <p><i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>Popcorn Chicken/Dinner Roll Breaded Mozzarella Sticks/Marinara Teriyaki Chicken/Rice Potato Smiles Broccoli Strawberry Applesauce Fruit Cocktail Assorted Fresh Fruit</p>	<p>Variety of Pizza Pulled BBQ Pork on a Bun* French Toast Sticks/Egg Omelet Hash Brown Broccoli Edamame 100% Juice Cup Pears Assorted Fresh Fruit</p>	<p>Fiestada Pizza/Salsa Breaded Chicken Sandwich Sweet Thai Chili Chicken/Rice Glazed Carrots Steamed Peas Mandarin Oranges Blueberries Assorted Fresh Fruit</p>	<p>Spicy Chicken Tenders Bosco Cheese Sticks/Marinara Orange Chicken & Rice Green Beans Sweet Potato Fries Pineapple Apple Slices Assorted Fresh Fruit</p>	<p>Corn Dog Garlic Cheese French Bread Queso & Chips Baked Beans Corn Mixed Berries Apricots Assorted Fresh Fruit</p>
<p>Choose an Entrée:</p> <p><i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i></p> <p>Choose Side Items: (Must choose at least 1 side to build a meal.)</p>	<p>No School!</p> 	<p>Breaded Chicken Sandwich Pizza Crunchers Cook's Choice Sweet Potato Crosstrax Fries Fiesta Black Beans Fruit Choice Fruit Choice Assorted Fresh Fruit</p>	<p>Pulled BBQ Pork Sandwich* Chicken Nuggets/Dinner Roll Cook's Choice Green Beans Veggie Choice Fruit Choice Fruit Choice Assorted Fresh Fruit</p>	<p>Cook's Choice Garlic Cheese Bread Cook's Choice Steamed Broccoli Veggie Choice Fruit Choice Fruit Choice Assorted Fresh Fruit</p>	<p>Sack Lunch</p> <p>Deli Sandwich Celery Sticks Baby Carrots Applesauce Cup Dried Fruit</p>

Weekly Breakfast Menus Include Your Choice of Cereal/Toast, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning beginning at 7:20 to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.