



Norwalk Community School District-Oviatt



APRIL 2019 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Bacon Breakfast Pizza* Fruit, Juice & Milk	2 Cheese Omelet, Toast Fruit, Juice & Milk	3 French Toast Sticks Fruit, Juice & Milk	4 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	5 Sausage Pancake on a Stick* Fruit, Juice & Milk
Chicken Nuggets Cheese Slices/Dinner Roll Sweet Potato Fries Baby Carrots Cucumber Slices Mandarin Oranges Fruit Cocktail	Cheese Pizza Diced Turkey/Dinner Roll Edamame Romaine Lettuce Cherry Tomatoes Apple Wedges Pineapple	Beef & Noodles/Roll Deli Turkey Sandwich Mashed Potatoes Baby Carrots Broccoli Pears Strawberries	Cheese Burger on Bun Deli Ham Sandwich* Baked Beans Romaine Salad Tomato Slices Applesauce Peaches	French Toast/Trix Yogurt Sun Butter Sandwich Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries
8 Bacon Breakfast Pizza* Fruit, Juice & Milk	9 Cheese Omelet, Toast Fruit, Juice & Milk	10 French Toast Sticks Fruit, Juice & Milk	11 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	12 Sausage Pancake on a Stick* Fruit, Juice & Milk
Pepperoni French Bread Pizza* Diced Turkey/Dinner Roll Steamed Broccoli Baby Carrots Cucumber Slices Pineapple Thickened Strawberries	Chicken Tenders Diced Ham*/Dinner Roll Corn Romaine Salad Red Pepper Strips Fresh Apple Slices Fruit Cocktail	Hot Dog on a Bun* Sun Butter Sandwich Baked Beans Baby Carrots Zucchini Slices Peaches Applesauce	Breaded Chicken Patty on a Bun Deli Ham Sandwich* Steamed Edamame Romaine Salad Tomato Slices Mandarin Oranges Diced Pears	Pancakes/Egg Omelet Deli Turkey Sandwich Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Craisins
15 Bacon Breakfast Pizza* Fruit, Juice & Milk	16 Cheese Omelet, Toast Fruit, Juice & Milk	17 French Toast Sticks Fruit, Juice & Milk	18 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	19 Sausage Pancake on a Stick* Fruit, Juice & Milk
Popcorn Chicken Hard Boiled Egg/Biscuit Green Beans Baby Carrots Cauliflower Applesauce Fruit Cocktail	Turkey & Gravy/Biscuit Cheese Sandwich Mashed Potatoes Romaine Salad Broccoli Pears Orange Wedges	Cheese Pizza Turkey Sandwich Sweet Potato Fries Baby Carrots Zucchini Mandarin Oranges Baked Apples	Beef & Cheese Nachos Diced Ham*/Dinner Roll Refried Beans Romaine Salad Salsa/Diced Tomatoes Pineapple Strawberries	Grilled Cheese Sandwich Deli Ham Sandwich* Steamed Corn Baby Carrots Chilled Edamame Apple Wedges Peaches
22 Bacon Breakfast Pizza* Fruit, Juice & Milk	23 Cheese Omelet, Toast Fruit, Juice & Milk	24 French Toast Sticks Fruit, Juice & Milk	25 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	26 Sausage Pancake on a Stick* Fruit, Juice & Milk
Sloppy Joe on a Bun Deli Ham Sandwich* Oven Baked French Fries Baby Carrots Chilled Edamame Diced Pears Thickened Strawberries	Chicken Leg Deli Turkey Sandwich Baked Beans Romaine Salad Cucumber Slices Apple Crisp Grapes	Real Slice Pepperoni Pizza* Diced Ham*/Dinner Roll Steamed Broccoli Baby Carrots Green Pepper Strips Peaches Applesauce	Pasta with Italian Meat Sauce Cheese Sandwich Corn Romaine Salad Broccoli Florettes Strawberry Kiwi Side Kick Fruit Cocktail	Cheese Stuffed Sticks/Marinara Diced Turkey/Dinner Roll Green Beans Baby Carrots Celery Sticks with Hummus Mandarin Oranges Dried Fruit
29 Bacon Breakfast Pizza* Fruit, Juice & Milk	30 Cheese Omelet, Toast Fruit, Juice & Milk	 <p>SEAL the deal and eat a healthy school breakfast beginning at 7:30 each morning!</p>		
Real Slice Cheese Pizza Sun Butter Sandwich Steamed Peas Baby Carrots Zucchini Sticks Diced Pears Peaches	Breaded Mozzarella Sticks/Marinara Diced Ham*/Dinner Roll Fiesta Black Beans Romaine Salad Cucumber Slices Pineapple Thickened Strawberries			

* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.