




Norwalk Community School District-Eastview



APRIL 2019 GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 GF Chicken Tenders Mashed Potatoes Green Beans Pineapple Strawberries	2 GF Cheeseburger Steamed Peas California Blend Vegetables Apple Wedges Fruit Cocktail	3 Beef Taco Meat/Tortilla Chips Refried Beans Cauliflower Apricots Applesauce	4 Hot Dog on GF Bun Steamed Broccoli Romaine Salad Mandarin Oranges Pears	5 Walking Taco Fiesta Black Beans Seasoned Corn Dried Fruit Peaches
8 Homemade GF Grilled Cheese Mashed Potatoes Mixed Vegetables Applesauce Fruit Cocktail	9 Pulled BBQ Pork on GF Bun Hash Brown Edamame Juice Blueberries	10 GF Cheese Pizza Glazed Carrots Steamed Peas Mandarin Oranges Baked Apples	11 Homemade Garlic Cheese Bread Green Beans Sweet Potato Fries Pineapple Strawberries	12 Queso & Chips Baked Beans Corn Fruity Side Kick Mixed Berries
15 GF Cheeseburger on Bun Tater Tots Steamed Broccoli Pears Strawberries	16 Grilled Chicken on GF Bun Sweet Potato Fries Fiesta Black Beans Pineapple Apple Wedges	17 Hot Dog on GF Bun Green Beans Baby Carrots Peaches Applesauce	18 Chicken Fajita with Tortilla Chips Italian Blend Vegetables Steamed Broccoli Grapes Apple Slices	19 Beef Patty Melt on GF Bread Mashed Potatoes California Mixed Vegetables Mandarin Oranges Dried Fruit
22 Sloppy Joe on a GF Bun Oven Baked French Fries Baby Carrots Chilled Edamame Diced Pears Thickened Strawberries	23 Deli Turkey Sandwich on GF Bread Baked Beans Romaine Salad Cucumber Slices Apple Wedges Grapes	24 GF Pepperoni Pizza* Steamed Broccoli Baby Carrots Green Pepper Strips Peaches Applesauce	25 Hot Ham & Cheese on GF Bun Corn Romaine Salad Broccoli Florettes Strawberry Kiwi Side Kick Fruit Cocktail	26 Homemade Garlic Cheese Bread Green Beans Baby Carrots Celery Sticks with Hummus Mandarin Oranges Dried Fruit
29 Potato with Ham & Cheese/GF Roll Steamed Broccoli Corn on the Cob Apple Slices Fruit Cocktail	30 Frito Chili Pie/GF Dinner Roll Oregon Blend Vegetables Tater Gems Applesauce Banana	 <p>SEAL the deal and eat a healthy school breakfast beginning at 7:30 each morning!</p>		

* Entrée May Contain Pork
USDA is an equal opportunity provider.

Only Whole Grain Products Are Served

A Variety of Condiments Are Offered Daily
Menu is subject to change without notice.

GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry
Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.