

Norwalk Community School District-Oviatt

MARCH 2019 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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Join us as we celebrate
National School Breakfast Week March 4-8. Breakfast is
served each morning beginning at 7:30 in the cafeteria

- 1 Sausage Pancake on a Stick*
Fruit, Juice & Milk

- Beef & Cheese Nachos**
- Diced Ham*/Dinner Roll**
- Refried Beans
- Baby Carrots
- Salsa/Diced Tomatoes
- Apple Wedges
- Peaches

4 Bacon Breakfast Pizza* Fruit, Juice & Milk	5 Cheese Omelet, Toast Fruit, Juice & Milk	6 French Toast Sticks Fruit, Juice & Milk	7 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	8 Sausage Pancake on a Stick* Fruit, Juice & Milk
Sloppy Joe on a Bun Deli Ham Sandwich* Oven Baked French Fries Baby Carrots Chilled Edamame Diced Pears Thickened Strawberries	Chicken Leg Deli Turkey Sandwich Baked Beans Romaine Salad Cucumber Slices Apple Crisp Grapes	Real Slice Pepperoni Pizza* Diced Ham*/Dinner Roll Steamed Broccoli Baby Carrots Green Pepper Strips Peaches Applesauce	BBQ Pork Rib on Bun* Cheese Sandwich Corn Romaine Salad Broccoli Florettes Strawberry Kiwi Side Kick Fruit Cocktail	Cheese Stuffed Sticks/Marinara Diced Turkey/Dinner Roll Green Beans Baby Carrots Celery Sticks with Hummus Mandarin Oranges Dried Fruit

11 Bacon Breakfast Pizza* Fruit, Juice & Milk	12 Cheese Omelet, Toast Fruit, Juice & Milk	13 French Toast Sticks Fruit, Juice & Milk	14 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	15 Sausage Pancake on a Stick* Fruit, Juice & Milk
Real Slice Cheese Pizza Sun Butter Sandwich Steamed Peas Baby Carrots Zucchini Sticks Diced Pears Peaches	Breaded Mozzarella Sticks/Marinara Diced Ham*/Dinner Roll Fiesta Black Beans Romaine Salad Cucumber Slices Pineapple Thickened Strawberries	Chicken Sticks/Dinner Roll Sliced Cheese/Dinner Roll Baked Beans Baby Carrots Broccoli Orange Wedges Baked Apples	Corn Dog Diced Turkey/Dinner Roll Green Beans Romaine Salad Red Pepper Strips Applesauce Mandarin Oranges	French Toast Sticks/Trix Yogurt Deli Ham Sandwich* Hash Brown Baby Carrots Celery Sticks w/Hummus Cup 100% Orange Juice Fruit Choice

18	19	20	21	22
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25 Bacon Breakfast Pizza* Fruit, Juice & Milk	26 Cheese Omelet, Toast Fruit, Juice & Milk	27 French Toast Sticks Fruit, Juice & Milk	28 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	29 Sausage Pancake on a Stick* Fruit, Juice & Milk
Fish Treasures/Goldfish Crackers Diced Ham*/Goldfish Crackers Oven Baked Tater Tots Baby Carrots Chilled Edamame Apple Slices Fruit Cocktail	Orange Chicken/Rice Deli Ham Sandwich* Steamed Broccoli Romaine Salad Zucchini Slices Banana Applesauce	Mini Corn Dogs Sun Butter Sandwich Steamed Peas Baby Carrots Celery Sticks w/ Hummus Peaches Pineapple Tidbits	Walking Taco/Salsa Diced Turkey/Dinner Roll Refried Beans Shredded Romaine Lettuce Diced Tomatoes Mandarin Oranges Pears	Pancakes/Sausage Patties* Deli Turkey on WG Bun Tri-Tater Baby Carrots Grape Tomatoes 100% Fruit Juice Dried Fruit

* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.