





Norwalk Community School District-Elementary

MARCH 2019 GLUTEN-FREE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p style="text-align: center; color: red; font-weight: bold;">Join us as we celebrate National School Breakfast Week March 4-8. Breakfast is served each morning beginning at 7:30 in the cafeteria</p>				<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">1</div> <p>Beef & Cheese Nachos Refried Beans Baby Carrots Salsa/Diced Tomatoes Apple Wedges Peaches</p>
<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">4</div> <p>Sloppy Joe on a GF Bun Oven Baked French Fries Baby Carrots  Chilled Edamame Diced Pears Thickened Strawberries</p>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">5</div> <p>GF Chicken Tenders Baked Beans Romaine Salad Cucumber Slices Apple Wedges Grapes</p>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">6</div> <p>GF Pepperoni Pizza* Steamed Broccoli Baby Carrots Green Pepper Strips Peaches Applesauce</p>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">7</div> <p>Hot Ham & Cheese on GF Bun* Corn Romaine Salad Broccoli Florettes Strawberry Kiwi Side Kick Fruit Cocktail</p>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">8</div> <p>GF Grilled Cheese Sandwich Green Beans Baby Carrots  Celery Sticks with Hummus Mandarin Oranges Dried Fruit</p>
<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">11</div> <p>GF Cheese Pizza Steamed Peas Baby Carrots Zucchini Sticks Diced Pears Peaches</p>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">12</div> <p>GF Grilled Chicken Sandwich Fiesta Black Beans Romaine Salad Cucumber Slices Pineapple Thickened Strawberries</p>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">13</div> <p>GF Chicken Tenders/GF Roll Baked Beans Baby Carrots Broccoli Orange Wedges Baked Apples</p>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">14</div> <p>Hamburger on GF Bun Green Beans Romaine Salad Red Pepper Strips Applesauce Mandarin Oranges</p>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">15</div> <p>GF Pancakes/Trix Yogurt Hash Brown Baby Carrots Celery Sticks w/Hummus Cup 100% Orange Juice Fruit Choice</p>
<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">18</div>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">19</div>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">20</div>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">21</div>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">22</div>
				
<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">25</div> <p>Chicken Fajita Meat/Tortilla Chips Oven Baked Tater Tots Chilled Edamame Apple Slices Fruit Cocktail</p>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">26</div> <p>Hot Ham & Cheese Sandwich Steamed Broccoli Zucchini Slices Banana Applesauce</p>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">27</div> <p>Sun Butter Sandwich Steamed Peas Celery Sticks w/ Hummus Peaches Pineapple Tidbits</p>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">28</div> <p>Walking Taco/Salsa Refried Beans Diced Tomatoes Mandarin Oranges Pears</p>	<div style="border: 1px solid black; padding: 2px; width: 20px; margin: 0 auto;">29</div> <p>GF Pancakes/Sausage Patties* Tri-Tater Grape Tomatoes 100% Fruit Juice Dried Fruit</p>
<p>* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice.</p> <p>GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry</p> <p>Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.</p>				