Norwalk Community School District-Eastview							
MARCH 2019 GLUTEN-FREE MENU							
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
SCH®®L BREAK AST E	Bacon Cheeseburger on GF Bun Crosstrax Sweet Potato Fries Baby Carrots Strawberry Applesauce						
	Fruity Side Kick						
4	5	6	7	8			
Sloppy Joe on a GF Bun	GF Chicken Tenders	Beef & Cheese Nachos	Hot Ham & Cheese on GF Bun*	GF Grilled Cheese Sandwich			
Steamed Corn	Sweet Potato Fries	Tater Tots	Hash Brown	Glazed Carrots			
Edamame	Steamed Broccoli	Ranch Beans	Mixed Vegetables	Italian Blend Vegetables			
Diced Pears	Pineapple	Orange Wedges	Chilled Blueberries	Mandarin Oranges			
Peaches	Thickened Strawberries	Baked Apples	100% Juice	Applesauce			
11	12	13	14	15			
Potato w/Ham & Cheese/Roll	Frito Chili Pie/GF Dinner Roll	GF Pancakes/Egg Omelet	Turkey & Gravy/GF Dinner Roll	Chicken Fajita Meat/Tortilla Chips			
Steamed Peas	Oregon Blend Vegetables	Hash Brown	Mashed Potatoes	Green Beans			
Corn on the Cob	Tater Gems	Edamame	Glazed Carrots	Romaine Salad			
Apple Slices	Applesauce	100% Juice	Pears	Peaches			
Fruit Cocktail	Bananas	Pineapple	Mandarin Oranges	Chilled Blueberries			
18	19	20	21	22			



25	26	27	28	29
GF Chicken Tenders/GF Roll	Pizza Burger on GF Bun	Hamburger on GF Bun	Beef & Cheese Nachos	BBQ Beef on GF Bun
Mashed Potatoes	Sugar Snap Pies	Crosstrax Sweet Potato Fries	Ranch Beans	Tri-Tater
Corn	Broccoli	Peas	Oven Baked Tots	Glazed Carrots
Mandarin Oranges	Apple Slices	Strawberry Applesauce	Strawberry Kiwi Side Kick	100% Fruit Juice
Fruit Cocktail	Pineapple	Peaches	Fruit Cocktail	Blueberries

^{*} Entrée May Contain Pork

Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.