






# Norwalk Community School District-Eastview



FEBRUARY 2019 GLUTEN-FREE MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 <b>Chicken Fajita Meat/Tortilla Chips</b> Green Beans Baby Carrots Peaches Blueberries
4 <b>GF Chicken Tenders/GF Roll</b> Mashed Potatoes Corn Mandarin Oranges Fruit Cocktail	5 <b>Pizza Burger on GF Bun</b> Sugar Snap Peas Broccoli Pineapple Apple Wedges	6 <b>GF Garlic Cheese Bread</b> Mixed Vegetables Italian Blend Vegetables Strawberries Orange Wedges	7 <b>Beef &amp; Cheese Nachos/Salsa</b> Ranch Beans Tater Tots Tropical Fruit Mix Strawberry Applesauce	8 <b>GF Pancakes/Egg Omelet</b> Tri-Tater Glazed Carrots 100% Fruit Juice Blueberries
11 <b>GF Chicken Tenders/GF Roll</b> Green Beans Mashed Potatoes Pineapple Strawberries	12 <b>Cheese Burger on GF Bun</b> Steamed Peas California Blend Vegetables Fresh Apple Slices Fruit Cocktail	13 <b>Beef Taco Meat/Tortilla Chips</b> Refried Beans Steamed Cauliflower Apricots Applesauce	14 <b>Hot Dog on GF Bun*</b> Steamed Broccoli  Romaine Salad Pears Mandarin Oranges	15 <b>Hamburger on GF Bun</b> Crosstrax Sweet Potato Fries Seasoned Corn Dried Fruit Peaches
18 <b>GF Chicken Tenders/GF Roll</b> Glazed Carrots  Steamed Peas Applesauce Fruit Cocktail	19 <b>Pulled BBQ Pork* on GF Bun</b> Hash Brown Edamame 100% Juice Blueberries	20 <b>Grilled Chicken on GF Bun</b> Green Beans Sweet Potato Fries Baked Apples Mandarin Oranges	21 <b>No School K-12</b> 	22 <b>No School K-12</b>
25 <b>Chicken Fajita Meat/Chips</b> Tater Tots Steamed Broccoli Pears Strawberries	26 <b>GF Cheese Pizza</b> Sweet Potato Fries Fiesta Black Beans Pineapple Fresh Fruit	27 <b>Hot Dog on GF Bun*</b> Green Beans Baby Carrots Applesauce Peaches	28 <b>Homemade GF Garlic Cheese Bread</b> Italian Blend Vegetables Steamed Broccoli Apple Slices Mandarin Oranges	

\* Entrée May Contain Pork      Only Whole Grain Products Are Served      A Variety of Condiments Are Offered Daily  
 USDA is an equal opportunity provider.      Menu is subject to change without notice.

GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry  
 Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.