



Norwalk Community School District-Lakewood

JANUARY 2019 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
			3 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk <hr/> Chicken Nuggets Cheese Slices/Dinner Roll Sweet Potato Fries Romaine Salad Cucumber Slices Mandarin Oranges Fruit Cocktail	4 Sausage Pancake on a Stick* Fruit, Juice & Milk <hr/> French Toast/Trix Yogurt Sun Butter Sandwich Hash Brown Baby Carrots Celery Sticks 100% Fruit Juice Blueberries
7 Bacon Breakfast Pizza* Fruit, Juice & Milk <hr/> Pepperoni Pizza* Diced Turkey/Dinner Roll Steamed Broccoli Baby Carrots Cucumber Slices Pineapple Thickened Strawberries	8 Cheese Omelet, Toast Fruit, Juice & Milk <hr/> Chicken Tenders Diced Ham*/Dinner Roll Corn Romaine Salad Red Pepper Strips Fresh Apple Slices Fruit Cocktail	9 French Toast Sticks Fruit, Juice & Milk <hr/> Hot Dog on a Bun* Sun Butter Sandwich Baked Beans Baby Carrots Zucchini Slices Watermelon Applesauce	10 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk <hr/> Breaded Chicken Patty on a Bun Deli Ham Sandwich* Steamed Edamame Romaine Salad Tomato Slices Mandarin Oranges Diced Pears	11 Sausage Pancake on a Stick* Fruit, Juice & Milk <hr/> Pancakes/Sausage Patties* Deli Turkey Sandwich Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Craisins
14 Bacon Breakfast Pizza* Fruit, Juice & Milk <hr/> Popcorn Chicken Hard Boiled Egg/Biscuit Green Beans Baby Carrots Cauliflower Applesauce Fruit Cocktail	15 Cheese Omelet, Toast Fruit, Juice & Milk <hr/> Turkey & Gravy/Biscuit Cheese Sandwich Mashed Potatoes Romaine Salad Broccoli Pears Orange Wedges	16 French Toast Sticks Fruit, Juice & Milk <hr/> Cheese Pizza Turkey Sandwich Sweet Potato Fries Baby Carrots Zucchini Mandarin Oranges Baked Apples	17 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk <hr/> Grilled Cheese Sandwich Deli Ham Sandwich* Steamed Corn Romaine Salad Garbanzo Beans Pineapple Strawberries	18 Sausage Pancake on a Stick* Fruit, Juice & Milk <hr/> Beef & Cheese Nachos Diced Ham*/Dinner Roll Refried Beans Baby Carrots Salsa/Diced Tomatoes Apple Wedges Peaches
21 NO SCHOOL! 	22 Cheese Omelet, Toast Fruit, Juice & Milk <hr/> Sloppy Joe on a Bun Deli Ham Sandwich* Oven Baked French Fries Romaine Salad Chilled Edamame Diced Pears Thickened Strawberries	23 French Toast Sticks Fruit, Juice & Milk <hr/> Real Slice Pepperoni Pizza* Deli Turkey Sandwich Steamed Broccoli Baby Carrots Green Pepper Strips Peaches Applesauce	24 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk <hr/> Soft Beef Taco/Salsa Turkey & Cheese Roll Up Ranch Beans Shredded Romaine Lettuce/Cheese Cucumber Slices Apple Slices & Mini Rice Krispy Treat Grapes	25 Sausage Pancake on a Stick* Fruit, Juice & Milk <hr/> Cheese Stuffed Sticks Sun Butter Sandwich Marinara Sauce Baby Carrots Celery Sticks Mandarin Oranges Dried Fruit
28 Bacon Breakfast Pizza* Fruit, Juice & Milk <hr/> Real Slice Cheese Pizza Sun Butter Sandwich Steamed Peas Baby Carrots Zucchini Sticks Diced Pears Peaches	29 Cheese Omelet, Toast Fruit, Juice & Milk <hr/> Breaded Mozzarella Sticks/Marinara Diced Ham*/Dinner Roll Fiesta Black Beans Romaine Salad Cucumber Slices Pineapple Thickened Strawberries	30 French Toast Sticks Fruit, Juice & Milk <hr/> Chicken Sticks/Dinner Roll Sliced Cheese/Dinner Roll Baked Beans Baby Carrots Broccoli Orange Wedges Baked Apples	31 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk <hr/> Corn Dog Diced Turkey/Dinner Roll Green Beans Romaine Salad Red Pepper Strips Applesauce Mandarin Oranges	

* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.