



Norwalk Lunch Menu Grades 9-12 December 2018



	3 MONDAY	4 TUESDAY	5 WEDNESDAY	6 THURSDAY	7 FRIDAY
Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Optional Entrée Selection</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	Sloppy Joe on a Bun Breaded Chicken Patty on Bun Spaghetti & Meat Sauce/Breadstick Steamed Corn Edamame Pears Peaches Assorted Fresh Fruit	Pork Chopette* on Bun Pepperoni French Bread* Orange Chicken/Rice Steamed Broccoli Sweet Potato Fries Pineapple Thickened Strawberries Assorted Fresh Fruit	BBQ Pork Rib on Bun* Stuffed Crust Pepperoni Pizza* Walking Taco Ranch Beans Oven Baked Fries Orange Wedges Baked Apples Assorted Fresh Fruit	Chicken Tenders/Dinner Roll Italian Beef Sandwich French Toast/Sausage Patties* Hash Brown Mixed Vegetables Chilled Blueberries 100% Juice Assorted Fresh Fruit	Breaded Beef Patty on Bun Chicken Sticks/Dinner Roll Chicken Fajita Pasta/Dinner Roll Glazed Carrots Italian Blend Vegetables Applesauce Mandarin Oranges Assorted Fresh Fruit
Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Optional Entrée Selection</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	Philly Chicken Sandwich Breaded Pork Fritter on a Bun* Baked Potato with Cheese/Biscuit Steamed Broccoli Corn on the Cob Apple Slices Fruit Cocktail Assorted Fresh Fruit	Chicken Tenders/Dinner Roll Cheese Stuffed Sticks/Marinara Frito Chili Pie/Cinnamon Roll Oregon Blend Vegetables Tater Gems Applesauce Banana Assorted Fresh Fruit	Hot Dog on a Bun* Grilled Cheese Sandwich Pancakes/Sausage Patties* Hash Brown Edamame 100% Fruit Juice Pineapple Tidbits Assorted Fresh Fruit	Spicy Chicken on a Bun Cheese Pizza Turkey & Gravy/Biscuit Mashed Potatoes Glazed Carrots Mandarin Oranges Diced Pears Assorted Fresh Fruit	Garlic Cheese Bread BBQ Pork Rib Sandwich* Chicken Fajitas/Salsa Green Beans Baked Onion Rings Peaches Chilled Blueberries Assorted Fresh Fruit
Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i> Choose Side Items: (Must choose at least 1 side to build a meal.)	17 MONDAY Fish Sandwich on a Bun Pepperoni French Bread Popcorn Chicken Potato Bowl/ Roll Mashed Potatoes Sweet Corn Mandarin Oranges Fruit Cocktail Assorted Fresh Fruit	18 TUESDAY Pizza Burger Drumstick/Dinner Roll Macaroni & Cheese/Dinner Roll Sugar Snap Peas Broccoli Apple Slices Pineapple Assorted Fresh Fruit	19 WEDNESDAY Chicken Nuggets/Dinner Roll Hamburger on a Bun Meatball Sub Crosstrax Sweet Potato Fries Peas Strawberry Applesauce Peaches Assorted Fresh Fruit	20 THURSDAY Stuffed Crust Pepperoni Pizza* Corn Dog Beef & Cheese Nachos Ranch Beans Oven Baked Tater Gems Strawberry Kiwi Side Kick Fruit Cocktail Assorted Fresh Fruit	21 FRIDAY Cheese Stuffed Sticks/Marinara BBQ Beef on a Bun Pancakes/ Egg Omelet Hash Brown Glazed Carrots Blueberries 100% Juice Assorted Fresh Fruit

Weekly Breakfast Menus Include Your Choice of Cereal/Graham Crackers or Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.