



Norwalk Community School District-Eastview

DECEMBER 2018 GLUTEN FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Sloppy Joe on GF Bun Steamed Corn Edamame Diced Pears Peaches	4 GF Pepperoni Pizza* Steamed Broccoli Sweet Potato Fries Pineapple Thickened Strawberries	5 Walking Taco Ranch Beans Oven Baked Fries Baked Apples Orange Wedges	6 Egg & Cheese GF Bagel Sandwich Hash Brown Mixed Vegetables Chilled Blueberries 100% Juice	7 GF Chicken Tenders/GF Roll Glazed Carrots Italian Blend Vegetables Mandarin Oranges Applesauce
10 Baked Potato w/Cheese/GF Roll Steamed Broccoli Corn on the Cob Apple Slices Fruit Cocktail	11 Frito Chili Pie/GF Dinner Roll Oregon Blend Vegetables Tater Gems Applesauce Banana	12 GF Pancakes/Sausage Patties Hash Brown Edamame 100% Juice Pineapple Tidbits	13 Turkey & Gravy/GF Dinner Roll Mashed Potatoes Glazed Carrots Mandarin Oranges Diced Pears	14 GF Chicken Fajita Meat/Tortilla Chips Green Beans Baby Carrots Peaches Blueberries
17 GF Pepperoni Pizza Mashed Potatoes Sweet Corn Mandarin Oranges Fruit Cocktail	18 Pizza Burger on GF Bun Steamed Broccoli Sugar Snap Peas Apple Slices Pineapple	19 Hamburger on a GF Bun Crosstrax Sweet Potato Fries Peas Strawberry Applesauce Peaches	20 Beef & Cheese Nachos Ranch Beans Oven Baked Tater Gems Strawberry Kiwi Side Kick Fruit Cocktail	21 GF Pancakes/Egg Omelet Tri-Tater Glazed Carrots 100% Fruit Juice Blueberries
	<div style="border: 2px solid blue; padding: 10px; display: inline-block;"> <h3 style="margin: 0;">Winter Break Dec. 24-Jan. 2</h3> </div>			
<p>* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice.</p> <p>Gluten Free Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry</p> <p>Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.</p>				