

# Norwalk Community School District-Elementary

DECEMBER 2018 GLUTEN FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> <b>Sloppy Joe on GF Bun</b> Oven Baked French Fries Baby Carrots Chilled Edamame Diced Pears Thickened Strawberries	<b>4</b> <b>Pulled BBQ Pork on GF Bun*</b> Corn Romaine Salad Broccoli Florettes Strawberry Kiwi Side Kick Fruit Cocktail	<b>5</b> <b>GF Pepperoni Pizza*</b> Steamed Broccoli Baby Carrots Green Pepper Strips Peaches Applesauce	<b>6</b> <b>Beef Taco Meat/Tortilla Chips</b> Ranch Beans Shredded Romaine Lettuce Cucumbers Orange Wedges Apple Wedges	<b>7</b> <b>Homemade Cheese Bread</b> Marinara Sauce Baby Carrots Celery Sticks Mandarin Oranges Dried Fruit
<b>10</b> <b>GF Cheese Pizza</b> Steamed Peas Baby Carrots Zucchini Sticks Diced Pears Peaches	<b>11</b> <b>Homemade GF Grilled Cheese</b> Fiesta Black Beans Romaine Salad Cucumber Slices Pineapple Thickened Strawberries	<b>12</b> <b>GF Chicken Tenders/GF Roll</b> Baked Beans Baby Carrots Broccoli Orange Wedges Baked Apples	<b>13</b> <b>Deli Turkey on GF Bread</b> Green Beans Romaine Salad Red Pepper Strips Applesauce Mandarin Oranges	<b>14</b> <b>GF Pancakes/Trix Yogurt</b> Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries
<b>17</b> <b>GF Chicken Tenders</b> Oven Baked Tater Tots Baby Carrots Chilled Edamame Apple Slices Fruit Cocktail	<b>18</b> <b>Sun Butter on GF Bread</b> Steamed Broccoli Romaine Salad Zucchini Slices Banana Applesauce	<b>19</b> <b>Hot Ham &amp; Cheese on GF Bread</b> Green Beans Baby Carrots Celery Sticks Peaches Pineapple Tidbits	<b>20</b> <b>Walking Taco/Salsa</b> Refried Beans Shredded Romaine Lettuce Diced Tomatoes Mandarin Oranges Pears	<b>21</b> <b>GF Pancakes/Egg Omelet</b> Tri-Tater Baby Carrots Vegetable Choice 100% Fruit Juice Fruit Choice
	<div style="border: 2px solid blue; padding: 10px; display: inline-block;"> <h2 style="margin: 0;">Winter Break Dec. 24-Jan. 2</h2> </div>			

\* Entrée May Contain Pork      Only Whole Grain Products Are Served      A Variety of Condiments Are Offered Daily  
 USDA is an equal opportunity provider.      Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.