







Norwalk Community School District-Lakewood

NOVEMBER 2018 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<div style="display: flex; justify-content: space-around;"> <div style="text-align: center;"> 1 NO SCHOOL K-5 ONLY </div> <div style="text-align: center;"> 2 NO SCHOOL K-12 </div> </div> 	
5 Bacon Breakfast Pizza* Fruit, Juice & Milk	6 Cheese Omelet, Toast Fruit, Juice & Milk	7 French Toast Sticks Fruit, Juice & Milk	8 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	9 Sausage Pancake on a Stick* Fruit, Juice & Milk
Fish Treasures/Goldfish Crackers Diced Ham*/Goldfish Crackers Oven Baked Tater Tots Baby Carrots Chilled Edamame  Apple Slices Fruit Cocktail	Orange Chicken/Rice Ham Sandwich* Steamed Broccoli Romaine Salad Zucchini Slices Banana Applesauce	Mini Corn Dogs Sun Butter Sandwich Green Beans Baby Carrots Celery Sticks Peaches Pineapple Tidbits	Walking Taco/Salsa Diced Turkey/Dinner Roll Refried Beans Shredded Romaine Lettuce Diced Tomatoes Mandarin Oranges Pears	Pancakes/Egg Omelet Deli Turkey Sandwich Tri-Tater Baby Carrots Grape Tomatoes 100% Fruit Juice Dried Fruit
12 Bacon Breakfast Pizza* Fruit, Juice & Milk	13 Cheese Omelet, Toast Fruit, Juice & Milk	14 French Toast Sticks Fruit, Juice & Milk	15 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	16 Sausage Pancake on a Stick* Fruit, Juice & Milk
Chicken Nuggets Cheese Slices/Dinner Roll Sweet Potato Fries Baby Carrots Cucumber Slices Mandarin Oranges Fruit Cocktail	Cheese Pizza Diced Turkey/Dinner Roll Edamame Romaine Lettuce Cherry Tomatoes Apple Wedges Pineapple	Chicken & Noodles/Roll Deli Turkey Sandwich Mashed Potatoes Baby Carrots Broccoli Pears Strawberries	Cheese Burger on Bun Deli Ham Sandwich* Baked Beans Romaine Salad Tomato Slices Dried Fruit Peaches	French Toast/Trix Yogurt Sun Butter Sandwich Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries
19 Bacon Breakfast Pizza* Fruit, Juice & Milk	20 Cheese Omelet, Toast Fruit, Juice & Milk	<div style="display: flex; justify-content: space-around; align-items: center;">    </div>		
Pepperoni Pizza* Deli Turkey Sandwich Steamed Broccoli Baby Carrots Cucumber Slices Pineapple Thickened Strawberries	Chicken Tenders Turkey & Cheese Roll-Up Corn Romaine Lettuce Red Pepper Strips Fresh Apple Slices Fruit Cocktail	26 Bacon Breakfast Pizza* Fruit, Juice & Milk	27 Cheese Omelet, Toast Fruit, Juice & Milk	28 French Toast Sticks Fruit, Juice & Milk
Popcorn Chicken/Dinner Roll Hard Boiled Egg/Biscuit Steamed Broccoli Baby Carrots Cauliflower Applesauce Fruit Cocktail	Turkey & Gravy/Biscuit Cheese Sandwich Mashed Potatoes Romaine Salad Broccoli Pears Orange Wedges	29 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk	30 Sausage Pancake on a Stick* Fruit, Juice & Milk	Beef & Cheese Nachos Diced Ham/Dinner Roll Refried Beans Baby Carrots Diced Tomatoes/Salsa Apple Slices Peaches
<p>* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice.</p> <p>Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry</p> <p>Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.</p>				