

# Norwalk Community School District-Oviatt

## SEPTEMBER 2018 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Meal Prices for 2018-2019</b></p> <p>Elementary Lunch \$2.60 Milk \$.50 Student Breakfast \$1.75</p>	<p><b>Breakfast is offered each day before school. Join us each morning beginning at 7:30. We hope to see you there!</b></p> 			
<p><b>3</b></p> <p><b>NO SCHOOL</b></p> 	<p><b>4</b> Cheese Omelet, Toast Fruit, Juice &amp; Milk</p> <p><b>Popcorn Chicken/Dinner Roll</b></p> <p><b>Shredded Cheese/Dinner Roll</b></p> <p>Steamed Broccoli Romaine Salad Cauliflower Applesauce Fruit Cocktail</p>	<p><b>5</b> French Toast Sticks Fruit, Juice &amp; Milk</p> <p><b>Turkey &amp; Gravy/Biscuit</b></p> <p><b>Deli Ham Sandwich*</b></p> <p>Mashed Potatoes Baby Carrots Broccoli Pears Grapes</p>	<p><b>6</b> Sausage Gravy Breakfast Pizza* Fruit, Juice &amp; Milk</p> <p><b>Cheese Pizza</b></p> <p><b>Turkey Sandwich</b></p> <p>Sweet Potato Fries Romaine Salad Edamame Mandarin Oranges Baked Apples</p>	<p><b>7</b> Sausage Pancake on a Stick* Fruit, Juice &amp; Milk</p> <p><b>Beef &amp; Cheese Nachos</b></p> <p><b>Diced Ham*/Dinner Roll</b></p> <p>Refried Beans Baby Carrots Salsa/Diced Tomatoes Apple Wedges Peaches</p>
<p><b>10</b> Bacon Breakfast Pizza* Fruit, Juice &amp; Milk</p> <p><b>Sloppy Joe on a Bun/WG Cookie</b></p> <p><b>Deli Ham Sandwich*</b></p> <p>Oven Baked French Fries Baby Carrots Chilled Edamame Diced Pears Thickened Strawberries</p>	<p><b>11</b> Cheese Omelet, Toast Fruit, Juice &amp; Milk</p> <p><b>Soft Beef Taco/Salsa</b></p> <p><b>Deli Turkey Sandwich</b></p> <p>Ranch Beans Shredded Romaine Lettuce/Cheese Cucumber Slices Apple Crisp Grapes</p>	<p><b>12</b> French Toast Sticks Fruit, Juice &amp; Milk</p> <p><b>Real Slice Pepperoni Pizza*</b></p> <p><b>Diced Ham*/Dinner Roll</b></p> <p>Steamed Broccoli Baby Carrots Green Pepper Strips Peaches Applesauce</p>	<p><b>13</b> Sausage Gravy Breakfast Pizza* Fruit, Juice &amp; Milk</p> <p><b>Pulled BBQ Pork on Bun*</b></p> <p><b>Cheese Sandwich</b></p> <p>Corn Romaine Salad Broccoli Florettes Strawberry Kiwi Side Kick Fruit Cocktail</p>	<p><b>14</b> Sausage Pancake on a Stick* Fruit, Juice &amp; Milk</p> <p><b>Cheese Stuffed Sticks</b></p> <p><b>Diced Turkey/Dinner Roll</b></p> <p>Marinara Sauce Baby Carrots Celery Sticks Mandarin Oranges Dried Fruit</p>
<p><b>17</b> Bacon Breakfast Pizza* Fruit, Juice &amp; Milk</p> <p><b>Real Slice Cheese Pizza</b></p> <p><b>Sun Butter Sandwich</b></p> <p>Steamed Peas Baby Carrots Zucchini Sticks Diced Pears Peaches</p>	<p><b>18</b> Cheese Omelet, Toast Fruit, Juice &amp; Milk</p> <p><b>Breaded Mozzarella Sticks/Marinara</b></p> <p><b>Diced Ham*/Dinner Roll</b></p> <p>Fiesta Black Beans Romaine Salad Cucumber Slices Pineapple Thickened Strawberries</p>	<p><b>19</b> French Toast Sticks Fruit, Juice &amp; Milk</p> <p><b>Chicken Sticks/Dinner Roll</b></p> <p><b>Sliced Cheese/Dinner Roll</b></p> <p>Baked Beans Baby Carrots Broccoli Orange Wedges Baked Apples</p>	<p><b>20</b> Sausage Gravy Breakfast Pizza* Fruit, Juice &amp; Milk</p> <p><b>Corn Dog</b></p> <p><b>Diced Turkey/Dinner Roll</b></p> <p>Green Beans Romaine Salad Red Pepper Strips Applesauce Mandarin Oranges</p>	<p><b>21</b> Sausage Pancake on a Stick* Fruit, Juice &amp; Milk</p> <p><b>French Toast Sticks/Trix Yogurt</b></p> <p><b>Deli Ham Sandwich*</b></p> <p>Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries</p>
<p><b>24</b> Bacon Breakfast Pizza* Fruit, Juice &amp; Milk</p> <p><b>Fish Treasures/Goldfish Crackers</b></p> <p><b>Diced Ham*/Goldfish Crackers</b></p> <p>Oven Baked Tater Tots Baby Carrots Chilled Edamame Apple Slices Fruit Cocktail</p> 	<p><b>25</b> Cheese Omelet, Toast Fruit, Juice &amp; Milk</p> <p><b>Orange Chicken/Rice</b></p> <p><b>Deli Ham Sandwich*</b></p> <p>Steamed Broccoli Romaine Salad Zucchini Slices Banana Applesauce</p>	<p><b>26</b> French Toast Sticks Fruit, Juice &amp; Milk</p> <p><b>Mini Corn Dogs</b></p> <p><b>Sun Butter Sandwich</b></p> <p>Green Beans Baby Carrots Celery Sticks Peaches Pineapple Tidbits</p>	<p><b>27</b> Sausage Gravy Breakfast Pizza* Fruit, Juice &amp; Milk</p> <p><b>Walking Taco/Salsa</b></p> <p><b>Diced Turkey/Dinner Roll</b></p> <p>Refried Beans Shredded Romaine Lettuce Diced Tomatoes Mandarin Oranges Pears</p>	<p><b>28</b> Sausage Pancake on a Stick* Fruit, Juice &amp; Milk</p> <p><b>Pancakes/Egg Omelet</b></p> <p><b>Deli Turkey on WG Bun</b></p> <p>Tri-Tater Baby Carrots Grape Tomatoes 100% Fruit Juice Dried Fruit</p>
<p>* Entrée May Contain Pork      Only Whole Grain Products Are Served      A Variety of Condiments Are Offered Daily</p> <p>USDA is an equal opportunity provider.      Menu is subject to change without notice.</p> <p>Cereal &amp; Graham Crackers are offered daily as a breakfast option. Each meal comes with a carton of milk - 1% White or Skim White, Chocolate or Strawberry</p> <p>Students may choose a hot entrée, cold entrée or yogurt &amp; string cheese option daily. All meals include side choices &amp; carton of milk.</p>				