


Norwalk Community School District-Lakewood

SEPTEMBER 2018 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Meal Prices for 2018-2019</p> <p>Elementary Lunch \$2.60 Milk \$.50 Student Breakfast \$1.75</p>	<p>Breakfast is offered each day before school. Join us each morning beginning at 7:30. We hope to see you there!</p> 			
<p>3</p> <p>NO SCHOOL</p> 	<p>4 Cheese Omelet, Toast Fruit, Juice & Milk</p> <p>Popcorn Chicken/Dinner Roll</p> <p>Shredded Cheese/Dinner Roll</p> <p>Steamed Broccoli Romaine Salad Cauliflower Applesauce Fruit Cocktail</p>	<p>5 French Toast Sticks Fruit, Juice & Milk</p> <p>Turkey & Gravy/Biscuit</p> <p>Deli Ham Sandwich*</p> <p>Mashed Potatoes Baby Carrots Broccoli Pears Grapes</p>	<p>6 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk</p> <p>Cheese Pizza</p> <p>Turkey Sandwich</p> <p>Sweet Potato Fries Romaine Salad Edamame Mandarin Oranges Baked Apples</p>	<p>7 Sausage Pancake on a Stick* Fruit, Juice & Milk</p> <p>Beef & Cheese Nachos</p> <p>Diced Ham*/Dinner Roll</p> <p>Refried Beans Baby Carrots Salsa/Diced Tomatoes Apple Wedges Peaches</p>
<p>10 Bacon Breakfast Pizza* Fruit, Juice & Milk</p> <p>Sloppy Joe on a Bun/WG Cookie</p> <p>Deli Ham Sandwich*</p> <p>Oven Baked French Fries Baby Carrots Chilled Edamame Diced Pears Thickened Strawberries</p>	<p>11 Cheese Omelet, Toast Fruit, Juice & Milk</p> <p>Soft Beef Taco/Salsa</p> <p>Deli Turkey Sandwich</p> <p>Ranch Beans Shredded Romaine Lettuce/Cheese Cucumber Slices Apple Crisp Grapes</p>	<p>12 French Toast Sticks Fruit, Juice & Milk</p> <p>Real Slice Pepperoni Pizza*</p> <p>Diced Ham*/Dinner Roll</p> <p>Steamed Broccoli Baby Carrots Green Pepper Strips Peaches Applesauce</p>	<p>13 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk</p> <p>Pulled BBQ Pork on Bun*</p> <p>Cheese Sandwich</p> <p>Corn Romaine Salad Broccoli Florettes Strawberry Kiwi Side Kick Fruit Cocktail</p>	<p>14 Sausage Pancake on a Stick* Fruit, Juice & Milk</p> <p>Cheese Stuffed Sticks</p> <p>Diced Turkey/Dinner Roll</p> <p>Marinara Sauce Baby Carrots Celery Sticks Mandarin Oranges Dried Fruit</p>
<p>17 Bacon Breakfast Pizza* Fruit, Juice & Milk</p> <p>Real Slice Cheese Pizza</p> <p>Sun Butter Sandwich</p> <p>Steamed Peas Baby Carrots Zucchini Sticks Diced Pears Peaches</p>	<p>18 Cheese Omelet, Toast Fruit, Juice & Milk</p> <p>Breaded Mozzarella Sticks/Marinara</p> <p>Diced Ham*/Dinner Roll</p> <p>Fiesta Black Beans Romaine Salad Cucumber Slices Pineapple Thickened Strawberries</p>	<p>19 French Toast Sticks Fruit, Juice & Milk</p> <p>Chicken Sticks/Dinner Roll</p> <p>Sliced Cheese/Dinner Roll</p> <p>Baked Beans Baby Carrots Broccoli Orange Wedges Baked Apples</p>	<p>20 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk</p> <p>Corn Dog</p> <p>Diced Turkey/Dinner Roll</p> <p>Green Beans Romaine Salad Red Pepper Strips Applesauce Mandarin Oranges</p>	<p>21 Sausage Pancake on a Stick* Fruit, Juice & Milk</p> <p>French Toast Sticks/Trix Yogurt</p> <p>Deli Ham Sandwich*</p> <p>Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries</p>
<p>24 Bacon Breakfast Pizza* Fruit, Juice & Milk</p> <p>Fish Treasures/Goldfish Crackers</p> <p>Diced Ham*/Goldfish Crackers</p> <p>Oven Baked Tater Tots Baby Carrots Chilled Edamame Apple Slices Fruit Cocktail</p> 	<p>25 Cheese Omelet, Toast Fruit, Juice & Milk</p> <p>Orange Chicken/Rice</p> <p>Deli Ham Sandwich*</p> <p>Steamed Broccoli Romaine Salad Zucchini Slices Banana Applesauce</p>	<p>26 French Toast Sticks Fruit, Juice & Milk</p> <p>Mini Corn Dogs</p> <p>Sun Butter Sandwich</p> <p>Green Beans Baby Carrots Celery Sticks Peaches Pineapple Tidbits</p>	<p>27 Sausage Gravy Breakfast Pizza* Fruit, Juice & Milk</p> <p>Walking Taco/Salsa</p> <p>Diced Turkey/Dinner Roll</p> <p>Refried Beans Shredded Romaine Lettuce Diced Tomatoes Mandarin Oranges Pears</p>	<p>28 Sausage Pancake on a Stick* Fruit, Juice & Milk</p> <p>Pancakes/Egg Omelet</p> <p>Deli Turkey on WG Bun</p> <p>Tri-Tater Baby Carrots Grape Tomatoes 100% Fruit Juice Dried Fruit</p>
<p>* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily</p> <p>USDA is an equal opportunity provider. Menu is subject to change without notice.</p> <p>Cereal & Graham Crackers are offered daily as a breakfast option. Each meal comes with a carton of milk - 1% White or Skim White, Chocolate or Strawberry</p> <p>Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.</p>				