Norwalk Community School District-Gluten Free

SEPTEMBER 2018 EASTVIEW LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meal Prices for 2018-2019 Secondary Lunch $2.70 Milk $.50 Student Breakfast $1.75	 **Breakfast is offered each day before school. Join us each morning beginning at 7:30. We hope to see you there!**			
3 ***NO SCHOOL*** 	**4** **Chicken Tenders/GF Dinner Roll** Glazed Carrots Steamed Peas Applesauce Fruit Cocktail	**5** **GF Pancakes/Egg Omelet** Hash Brown Edamame 100% Juice Grapes	**6** **Homemade GF Grilled Cheese** Sweet Potato Fries Green Beans Mandarin Oranges Baked Apples	**7** **Queso & Chips** Baked Beans Hawkeye Corn Cyclone Side Kick Peaches
10 **GF Grilled Chicken on GF Bun** Potato Smiles Mixed Vegetables Diced Pears Thickened Strawberries	**11** **Chicken & Cheese Nachos** Sweet Potato Crosstrax Fries Fiesta Black Beans Apple Slices Grapes	**12** **Hot Dog on GF Bun*** Green Beans Baby Carrots Peaches Applesauce	**13** **GF Garlic Cheese Bread** Italian Blend Vegetables Steamed Broccoli Tropical Fruit Pears	**14** **Bacon Cheese Burger on GF Bun** California Blend Vegetables Mashed Potatoes Mandarin Oranges Dried Fruit
17 **Sloppy Joe on GF Bun** Steamed Corn Edamame Diced Pears Peaches	**18** **GF Pepperoni Pizza*** Fiesta Black Beans Romaine Salad Pineapple Thickened Strawberries	**19** **Walking Taco** Ranch Beans Oven Baked Fries Orange Wedges Baked Apples	**20** **GF Pancakes/Egg Omelet** Hash Brown Mixed Vegetables Chilled Blueberries 100% Juice	**21** **Grilled Chicken on GF Bun** Glazed Carrots Italian Blend Vegetables Applesauce Mandarin Oranges
24 **Baked Potato/Cheese/GF Roll** Steamed Broccoli Corn on the Cob Apple Slices Fruit Cocktail	**25** **Frito Chili Pie/GF Dinner Roll** Oregon Blend Vegetables Tater Gems Applesauce Banana	**26** **GF Grilled Cheese Sandwich** Hash Brown Edamame 100% Juice Pineapple Tidbits	**27** **Turkey & Gravy/GF Dinner Roll** Mashed Potatoes Glazed Carrots Mandarin Oranges Pears	**28** **Chicken Fajita Meat/Tortilla Chips** Green Beans Baby Carrots Peaches Blueberries

* Entrée May Contain Pork — A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider. — Menu is subject to change without notice.

Gluten-Free Cereal is offered daily as a breakfast option. Each meal comes with a carton of milk - 1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.