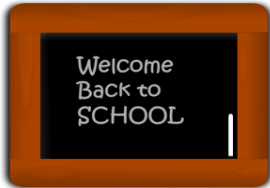



## Norwalk Lunch Menu Grades 9-12 August 2018

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>Prices for the 2018-2019 School Year</b> Secondary Breakfast                      \$1.75 Secondary Lunch                            \$2.70 Individual Milk                               \$0.50 Second Entrée                                \$2.70 Second Meal                                  \$3.20			

Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i>  Choose Side Items: (Must choose at least 1 fruit or veggie side to build a meal.)	Daily Side Choices also include fresh vegetables offered each day on our Vegetable Bar including: Romaine Lettuce, Baby Carrots, Tomatoes, Broccoli or Cauliflower, and other assorted fresh vegetables.			23 THURSDAY Stuffed Crust Pepperoni Pizza* Corn Dog Beef & Cheese Nachos  Refried Beans Oven Baked Tater Gems Mandarin Oranges Fruit Cocktail Assorted Fresh Fruit	24 FRIDAY Cheese Stuffed Sticks/Marinara BBQ Beef on a Bun Pancakes/ Egg Omelet  Hash Brown Glazed Carrots Blueberries 100% Juice Assorted Fresh Fruit
--	---	--	--	---	---

Choose an Entrée: <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Entrée Selection</i> <i>Optional Entrée Selection</i>  Choose Side Items: (Must choose at least 1 fruit or veggie side to build a meal.)	27 MONDAY Bosco Cheese Sticks/Marinara Chicken Tenders/Dinner Roll Salisbury Steak/Biscuit  Mashed Potatoes Green Beans Pineapple Thickened Strawberries Assorted Fresh Fruit	28 TUESDAY Spicy Chicken Sandwich Cheese Burger on Bun Orange Chicken over Steamed Rice  Steamed Peas California Blend Vegetables Fresh Apple Slices Fruit Cocktail Assorted Fresh Fruit	29 WEDNESDAY Breaded Chicken Sandwich Cheese Pizza Beef & Noodles/Dinner Roll Pasta Bar/Bread Stick Scalloped Potatoes Steamed Cauliflower Watermelon Applesauce Assorted Fresh Fruit	30 THURSDAY Breaded Mozzarella Sticks/Marinara Hot Dog on a Bun* Soft-Shell Beef Tacos/Salsa  Refried Beans Steamed Broccoli Pears Mandarin Oranges Assorted Fresh Fruit	31 FRIDAY Chicken Nuggets/Dinner Roll Hamburger on Bun Meatball Sub Pasta Bar/Bread Stick Crosstrax Sweet Potato Fries Seasoned Corn Dried Fruit Peaches Assorted Fresh Fruit
--	--	---	--	---	--

Weekly Breakfast Menus Include Your Choice of Cereal/Graham Crackers, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

\*Entrée May Contain Pork    Whole Grain Products Offered Daily    Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.