## Norwalk Lunch Menu Grades 6-8 August 2018

	MONDAY	TUESDAY		WEDNESDAY	THURSDAY	FRIDAY
		Prices for the 2018-2019 School Year Secondary Breakfast \$1.75				
	Welcome			Secondary Lunch	\$2.70	
	Back to			Individual Milk	\$0.50	
	\$CHOOT			Second Entrée	\$2.70	
				Second Meal	\$3.20	
Choose an Entrée:						24 FRIDAY
Entrée Selection					Stuffed Crust Pepperoni Pizza*	Cheese Stuffed Sticks/Marinara
Entrée Selection	Daily Side Choices also include fresh vegetables offered each day on our				Corn Dog	BBQ Beef on a Bun
Entrée Selection	Vegetables offered each day off our Vegetable Bar including: Romaine Lettuce,				Beef & Cheese Nachos	Pancakes/ Egg Omelet
	Baby Carrots, Tomatoes, Broccoli or					
Choose Side Items:	Cauliflower, and other assorted fresh				Refried Beans	Hash Brown
(Must choose at least 1	vegetables.				Oven Baked Tater Gems	Glazed Carrots
fruit or veggie side to build					Mandarin Oranges	Blueberries
a meal.)					Fruit Cocktail	100% Juice
					Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	27 MONDAY	28 TUESDAY	29	WEDNESDAY	30 THURSDAY	31
Entrée Selection	Bosco Cheese Sticks/Marinara	Spicy Chicken Sandwich		Breaded Chicken Sandwich	Breaded Mozzarella Sticks/Marinara	Chicken Nuggets/Dinner Roll
Entrée Selection	Chicken Tenders	Cheese Burger on Bun		Cheese Pizza	Hot Dog on a Bun*	Hamburger on Bun
Entrée Selection	Salisbury Steak/Biscuit	Orange Chicken over Steamed Rice		Beef & Noodles/Dinner Roll	Soft-Shell Beef Taco/Salsa	Meatball Sub
Optional Entrée Selection				Pasta Bar/Bread Stick		Pasta Bar/Bread Stick
Choose Side Items:	Mashed Potatoes	Steamed Peas		Scalloped Potatoes	Refried Beans	Crosstrax Sweet Potato Fries
(Must choose at least 1	Green Beans	California Blend Vegetables		Steamed Cauliflower	Steamed Broccoli	Seasoned Corn
fruit or veggie side to build	Pineapple	Fresh Apple Slices		Watermelon	Pears	Dried Fruit
a meal.)	Thickened Strawberries	Fruit Cocktail		Applesauce	Mandarin Oranges	Peaches
	Assorted Fresh Fruit	Assorted Fresh Fruit		Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit

Weekly Breakfast Menus Include Your Choice of Cereal/Graham Crackers, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

\*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.