

Norwalk Community School District-Elementary

MAY 2018 GLUTEN FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	GF Chicken Tenders/GF Dinner Roll Cuban Black Beans Romaine Salad Cucumber Slices Fruit Cocktail Thickened Strawberries	GF Grilled Cheese Sandwich Baked Beans Baby Carrots Broccoli Apricots Baked Apples	Deli Turkey on GF Bread Green Beans Romaine Salad Red Pepper Strips Applesauce Mandarin Oranges	GF Pancakes/Trix Yogurt Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries
7	8	9	10	11
Cheese Burger on GF Bun Oven Baked Potato Smiles Baby Carrots Chilled Edamame Apple Slices Fruit Cocktail	GF Chicken Tenders Steamed Broccoli Romaine Salad Zucchini Slices Banana Applesauce	Sun Butter on GF Bread Green Beans Baby Carrots Celery Sticks Peaches Pineapple Tidbits	Walking Taco/Salsa Refried Beans Shredded Romaine Lettuce Diced Tomatoes Mandarin Oranges Pears	GF Pancakes/Sausage Patties* Tri-Tater Baby Carrots Grape Tomatoes 100% Fruit Juice Dried Fruit
14	15	16	17	18
GF Chicken Tenders Sweet Potato Fries Baby Carrots Cucumber Slices Mandarin Oranges Fruit Cocktail	GF Grilled Cheese Sandwich Refried Beans Shredded Romaine Lettuce Diced Tomatoes Apple Wedges Pineapple	GF Sun Butter Sandwich Mashed Potatoes Baby Carrots Broccoli Pears Grapes	Cheese Burger on GF Bun Baked Beans Romaine Salad Tomato Slices Dried Cherries Peaches	Homemade GF Cheese Bread/Marinara French Fries Baby Carrots Celery Sticks Fruit Choice Applesauce
21	22	23	24	25
GF Pepperoni Pizza* Steamed Broccoli Baby Carrots Cucumber Slices Fresh Apple Slices Thickened Strawberries	GF Chicken Tenders Corn Romaine Lettuce Red Pepper Strips Watermelon Fruit Cocktail	Hot Dog on a GF Bun* Baked Beans Baby Carrots Zucchini Slices Banana Applesauce	GF Chicken Tenders on a GF Bun Steamed Edamame Romaine Salad Tomato Slices Mandarin Oranges Diced Pears	GF Pancakes/Omelet Tri-Tater Baby Carrots Grape Tomatoes 100% Orange Juice Chilled Blueberries
28	29	30	31	
MEMORIAL DAY 	GF Chicken Tenders/GF Dinner Roll Steamed Broccoli Baby Carrots Cauliflower Applesauce Fruit Cocktail	GF Cheese Pizza Green Beans Baby Carrots Garbanzo Beans Mandarin Oranges Baked Apples	GF Deli Ham Sandwich* Steamed Corn Romaine Salad Cold Vegetable Choice Fruit Choice Strawberries	

* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.