



Norwalk Community School District-Eastview

MAY 2018 GLUTEN FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	GF Chicken Tenders/GF Dinner Roll Steamed Broccoli Sweet Potato Fries Fruit Cocktail Thickened Strawberries	Walking Taco Calico Baked Beans Oven Baked Fries Apricots Baked Apples	GF Pancakes/Sausage Patties Hashbrown Steamed Cauliflower Chilled Blueberries 100% Juice	BBQ Pork on GF Bun Green Beans Glazed Carrots Applesauce Mandarin Oranges
7	8	9	10	11
Philly Beef Sandwich on GF Bun Corn Steamed Broccoli Apple Slices Cherries	GF Chicken Tenders Tater Gems Oregon Blend Vegetables Banana Strawberry Applesauce	GF Pancakes/Egg Omelet Hash Brown Edamame 100% Juice Pineapple Tidbits	GF Turkey & Gravy/GF Dinner Roll Mashed Potatoes Glazed Carrots Mandarin Oranges Pears	GF Grilled Cheese Sandwich Green Beans Steamed Cauliflower Peaches Chilled Blueberries
14	15	16	17	18
GF Chicken Tenders Mashed Potatoes Green Beans Mandarin Oranges Fruit Cocktail	Pizza Burger on GF Bun Sugar Snap Peas Broccoli Apple Wedges Pineapple	Beef & Cheese Nachos Refried Beans Oven Baked Gems Pears Grapes	GF Pancakes/Sausage Patties Hashbrown Glazed Carrots Blueberries 100% Juice	Hamburger on GF Bun Cross Trax Sweet Potato Fries Seasoned Corn Dried Fruit Peaches
21	22	23	24	25
GF Pepperoni Pizza* Mashed Potatoes Corn Fresh Apple Slices Thickened Strawberries	GF Cheese Burger on Bun Steamed Peas California Blend Vegetables Watermelon Fruit Choice	GF Cheese Pizza Baby Carrots Steamed Cauliflower Strawberry Applesauce Mixed Fruit	Hot Dog on GF Bun Refried Beans Steamed Broccoli Mandarin Oranges Diced Pears	GF Chicken Tenders/Dinner Roll Sweet Potato Fries Green Beans Tropical Fruit Peaches
28	29	30	31	
MEMORIAL DAY 	GF Chicken Tenders/GF Dinner Roll Glazed Carrots Steamed Peas Fruit Choice Pears	GF Grilled Cheese Sandwich Hash Brown Hot Vegetable Choice Fruit Choice 100% Juice Cup	GF Cheese Pizza Hot Vegetable Choice Glazed Carrots Fruit Choice Peaches	

* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.

GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry
 Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.