

### **WHAT ARE SCHOOL-BASED MENTAL HEALTH SERVICES?**

All services are voluntary; a parent or legal guardian must complete appropriate consents and releases prior to a therapist meeting with the child or adolescent.

- Length and type of treatment are determined by need and may include individual, family and/or parent therapy
- Regardless of whether school is in session, therapy services can be accessed at any time during the year
- Therapy takes place in a private, confidential office provided by the school
- School-based therapists can refer clients to the Child Guidance Center office for group therapy, psychiatric evaluation, medication management and psychological evaluations

### **WHY MENTAL HEALTH IN SCHOOLS?**

Research shows that a child's social, emotional, behavioral and mental health is an important part of school success. Treating children in schools eliminates lost learning due to transportation to appointments. In addition, on-site therapists can advocate and support children and their families through collaboration with school staff.



### **OUR COMMITMENT TO CHILDREN AND FAMILIES**

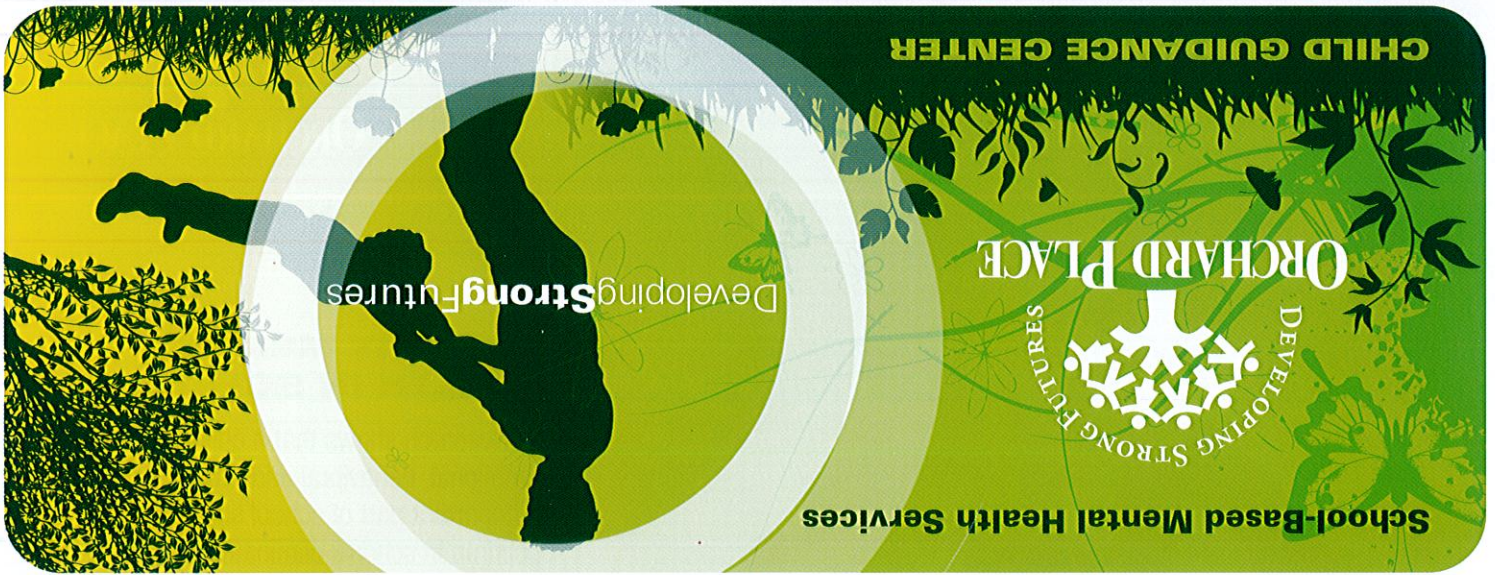
Child Guidance Center is committed to helping families get the mental health and developmental support services their children need.

For more than 35 years, Child Guidance Center's school-based therapists have ensured access to affordable, high-quality, confidential mental health services for children and families within school settings.

### **COMMUNITY SUPPORT**

The generosity of United Way of Central Iowa, Polk and Warren counties, grant funding and school partnerships makes it possible for us to provide therapy to children, adolescents and families who might otherwise be unable to access these services.





DEVELOPING STRONG FUTURES

ORCHARD PLACE

Child Guidance Center accepts Title 19, most insurance, and provides a sliding fee for Polk and Warren County residents. Child Guidance Center receives support from Polk and Warren counties.

Please feel free to contact us for more information.

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Orchard Place is accredited by The Joint Commission.

