





Norwalk Community School District-Gluten-Free



JANUARY 2018 ELEMENTARY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2	3 GF Chicken Tenders Sweet Potato Fries Baby Carrots Cucumber Slices Mandarin Oranges Fruit Cocktail	4 Hamburger on GF Bun Baked Beans Romaine Salad Tomato Slices Dried Cherries Peaches	5 GF Pancakes/Trix Yogurt Hash Brown Baby Carrots Celery Sticks 100% Orange Juice Blueberries
8 GF Pepperoni Pizza* Steamed Broccoli Baby Carrots Cucumber Slices Pineapple Thickened Strawberries	9 GF Chicken Tenders/GF Dinner Roll Corn Romaine Lettuce Red Pepper Strips Fresh Apple Slices Apricots	10 Hot Dog on a GF Bun* Baked Beans Baby Carrots Zucchini Slices Banana Applesauce	11 GF Hot Ham & Cheese Steamed Edamame Romaine Salad Tomato Slices Mandarin Oranges Diced Pears	12 GF Pancakes/Sausage Patties* Tri-Tater Baby Carrots Grape Tomatoes 100% Orange Juice Chilled Blueberries
15 	16 Hamburger on GF Bun Steamed Broccoli Romaine Salad Edamame Applesauce Apricots	17 GF Cheese Pizza Green Beans Baby Carrots Zucchini Mandarin Oranges Baked Apples	18 Turkey & Gravy/GF Dinner Roll Mashed Potatoes Romaine Salad Broccoli Pears Orange Wedges	19 Beef & Cheese Nachos Refried Beans Baby Carrots Salsa/Diced Tomatoes Apple Wedges Peaches
22 Sloppy Joe on a GF Bun Oven Baked French Fries Baby Carrots Chilled Edamame Diced Pears Thickened Strawberries	23 Beef Taco Meat/Tortilla Chips Ranch Beans Shredded Romaine Lettuce/Cheese Cucumber Slices Sliced Apples Grapes	24 GF Pepperoni Pizza* Steamed Broccoli Baby Carrots Green Pepper Strips Peaches Applesauce	25 Pulled BBQ Pork on GF Bun* Corn Romaine Salad Broccoli Florettes Strawberry Kiwi Side Kick Fruit Cocktail	26 Homemade Garlic Cheese Bread Marinara Sauce Baby Carrots Celery Sticks Mandarin Oranges Dried Fruit
29 Cheeseburger on GF Bun Steamed Peas Baby Carrots Zucchini Sticks Diced Pears Peaches	30 Chicken Fajita Meat/Tortilla Chips Fiesta Black Beans Romaine Salad Cucumber Slices Pineapple Thickened Strawberries	31 Homemade GF Grilled Cheese Baked Beans Baby Carrots Broccoli Orange Wedges Baked Apples	Meal Prices for 2017-18 Elementary Lunch \$2.60 Milk \$.50 Student Breakfast \$1.75	

* Entrée May Contain Pork

A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

Gluten Free cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.