





# Norwalk Community School District-Gluten-Free



JANUARY 2018 EASTVIEW MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2	3 Beef & Cheese Nachos Refried Beans Oven Baked Tater Gems Mandarin Oranges Fruit Cocktail	4 GF Pancakes/Cheese Omelet Hash Brown Glazed Carrots 100% Juice Blueberries	5 Hamburger on GF Bun Cross Trax Sweet Potato Fries Seasoned Corn Dried Fruit Peaches
8 Chicken Tenders/Dinner Roll Mashed Potatoes Green Beans Pineapple Thickened Strawberries	9 Cheese Burger on GF Bun Steamed Peas California Vegetables Fresh Apple Slices Apricots	10 GF Cheese Pizza Steamed Cauliflower Baby Carrots Banana Applesauce	11 Hot Dog on GF Bun Steamed Broccoli Refried Beans Mandarin Oranges Pears	12 Grilled Cheese on GF Bread Sweet Potato Fries Green Beans Strawberry Applesauce Chilled Blueberries
15 	16 Homemade Garlic Cheese Bread Glazed Carrots Steamed Peas Strawberry Applesauce Apricots	17 GF Pancakes/Egg Omelet Hashbrown Edamame 100% Juice Baked Apples	18 GF Pepperoni Pizza Green Beans Sweet Potato Fries Pears Orange Wedges	19 Queso & Chips Baked Beans Italian Blend Vegetables Apple Wedges Peaches
22 Hot Ham & Cheese on GF Bun Potato Smiles Mixed Vegetables Diced Pears Thickened Strawberries	23 Chicken Fajita Meat/Tortilla Chips Green Beans Baby Carrots Sliced Apples Grapes	24 Hot Dog on GF Bun Sweet Potato Cross Trax Fries Fiesta Black Beans Peaches Applesauce	25 GF Chicken Tenders/GF Roll Italian Blend Vegetables Steamed Broccoli Strawberry Kiwi Side Kick Fruit Cocktail	26 Bacon Cheeseburger on GF Bun California Blend Vegetables Mashed Potatoes Mandarin Oranges Dried Fruit
29 Sloppy Joe on GF Bun Steamed Corn Edamame Diced Pears Peaches	30 Chicken Fajita Meat/Tortilla Chips Sweet Potato Fries Steamed Broccoli Pineapple Thickened Strawberries	31 Homemade GF Grilled Cheese Baked Beans Broccoli Blueberries Baked Apples		

\* Entrée May Contain Pork  
USDA is an equal opportunity provider.

A Variety of Condiments Are Offered Daily  
Menu is subject to change without notice.

Gluten Free cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.