

Norwalk Lunch Menu Grades 9-12 December 2017



Choose an Entrée:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	1 FRIDAY
trée Selection					Corn Dog
ntrée Selection					Garlic Cheese French Bread
ntrée Selection	Daily Side Choices also include fresh vegetables				Queso & Chips
	offered each day on our Vegetable Bar including:				
Choose Side Items:	Romaine Lettuce, Baby Carrots, Tomatoes,				Baked Beans
(Must choose at least 1	Broccoli or Cauliflower, and other assorted fresh				Steamed Corn
side to build a meal.)	vegetables.				Peaches
					Strawberry Pomegranate Fruit Cup
					Assorted Fresh Fruit
Choose an Entrée:	4 MONDAY	5 TUESDAY	6 WEDNESDAY	7 THURSDAY	8 FRIDAY
ntrée Selection	Popcorn Chicken/Dinner Roll	Spicy Chicken Sandwich	Cheese Pizza	Chicken Nuggets/Dinner Roll	Bacon* Cheese Burger
ntrée Selection	Breaded Mozzarella Sticks/Marinara	Pizza Crunchers	Hot Dog on Bun*	Garlic Cheese French Bread	Fiestada Pizza/Salsa
ntrée Selection	Beef Enchiladas	Chicken Fajitas/Salsa	Chicken & Cheese Nachos	General's Chicken Over Steamed Rice	Chicken & Noodles/Dinner Roll
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Choose Side Items:	Potato Smiles	Sweet Potato Crosstrax Fries	Green Beans	Italian Blend Vegetables	California Blend Vegetables
(Must choose at least 1	Mixed Vegetables	Fiesta Black Beans	Cheesy Hashbrowns	Steamed Broccoli	Mashed Potatoes
side to build a meal.)	Pears	Grapes	Peaches	Tropical Fruit	Mandarin Oranges
side to baild a meany	Strawberries	Apple Crisp	Applesauce	Pears	Mixed Berries
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	11 MONDAY	12 TUESDAY	13 WEDNESDAY	14 THURSDAY	15 FRIDAY
intrée Selection	Sloppy Joe on a Bun	Pork Chopette* on Bun	BBQ Pork Rib on Bun*	Chicken Tenders/Dinner Roll	Breaded Beef Patty on Bun
Entrée Selection	Breaded Chicken Patty on Bun	Pepperoni French Bread*	Stuffed Crust Pepperoni Pizza*	Beef & Bean Burrito/Salsa	Chicken Sticks/Dinner Roll
	-	Orange Chicken/Rice	••		
intrée Selection	Meatball Sub*	Orange Chicken/ Kice	Walking Taco	French Toast/Sausage Patties*	Chicken Fajita Pasta/Bread Stick
Choose Side Items:	Steamed Corn	Steamed Broccoli	Ranch Beans	Hash Brown	Glazed Carrots
(Must choose at least 1	Edamame	Sweet Potato Fries	Oven Baked Fries	Steamed Cauliflower	Italian Blend Vegetables
side to build a meal.)	Pears	Pineapple	Orange Wedges	Chilled Blueberries	Applesauce
	Peaches	Thickened Strawberries	Baked Apples	100% Juice	Mandarin Oranges
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	18 MONDAY	19 TUESDAY	20 WEDNESDAY	21 THURSDAY	22 FRIDAY
ntrée Selection	Philly Chicken Sandwich	Chicken Tenders/Roll	Mini Corn Dogs	Spicy Chicken on a Bun	
ntrée Selection	Breaded Pork Fritter on a Bun*	Cheese Stuffed Sticks/Marinara	Grilled Cheese Sandwich	Cheese Pizza	
ntrée Selection	Baked Potato with Cheese/Biscuit	Frito Chili Pie/Cinnamon Roll	Pancakes/Egg Omelet	Turkey & Gravy/Biscuit	
					No School!
Choose Side Items:	Steamed Broccoli	Oregon Blend Vegetables	Hash Brown	Mashed Potatoes	
(Must choose at least 1	Corn on the Cob	Tater Gems	Edamame	Glazed Carrots	
side to build a meal.)	Apple Slices	Applesauce	100% Fruit Juice	Mandarin Oranges	
	Fruit Cocktail	Banana	Pineapple Tidbits	Diced Pears	
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	
Choose an Entrée:		26 TUESDAY	27 WEDNESDAY	28 THURSDAY	29 FRIDAY
Entrée Selection					
ntrée Selection				· · · · · · · · · · · · · · · · · · ·	D'h P ato
intrée Selection					
		Winter Brea	k Dec. 22-Jan. 2		11 0 4 63
Choose Side Items:				مسعد 1	The Mar
(Must choose at least 1				No. Con	Set a c for
side to build a meal.)				NF	W YEAK!
				- (* *) -	
Wookly Broakfast	Menus Include Your Choice of Cerea	I/Toast Ragel Breakfast Pizza	Cinnamon Roll/Long John, French	Toast Sticks or a Bagel Breakfast San	dwich All breakfast meals inc

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.