



Norwalk Lunch Menu Grades 9-12 April 2018



Choose an Entrée:	2 MONDAY	3 TUESDAY	4 WEDNESDAY	5 THURSDAY	6 FRIDAY
Entrée Selection Entrée Selection Entrée Selection Choose Side Items: (Must choose at least 1 side to build a meal.)	Bosco Cheese Sticks/Marinara Chicken Tenders/Dinner Roll Salisbury Steak/Biscuit Mashed Potatoes Green Beans Mandarin Oranges Fruit Cocktail Assorted Fresh Fruit	Pizza Burger Drumstick/Dinner Roll Macaroni & Cheese/Dinner Roll Sugar Snap Peas Broccoli Apple Slices Pineapple Assorted Fresh Fruit	Stuffed Crust Pepperoni Pizza* Corn Dog Beef & Cheese Nachos Refried Beans Oven Baked Tater Gems Pears Grapes Assorted Fresh Fruit	Cheese Stuffed Sticks/Marinara BBQ Beef on a Bun Pancakes/ Sausage Patties* Hash Brown Glazed Carrots Blueberries 100% Juice Assorted Fresh Fruit	Chicken Nuggets/Dinner Roll Hamburger on Bun Meatball Sub ← 100% WHAT? NEWS! Pasta Bar/Breadstick ← Cross Trax Sweet Potato Fries Seasoned Corn Dried Fruit Peaches Assorted Fresh Fruit
Choose an Entrée: Entrée Selection Entrée Selection Entrée Selection Choose Side Items: (Must choose at least 1 side to build a meal.)	9 MONDAY Mini Corn Dogs Cheese Stuffed Sticks/Marinara Popcorn Chicken Potato Bowl/Dinner Roll Mashed Potatoes Corn Thickened Strawberries Pineapple Assorted Fresh Fruit	10 TUESDAY Spicy Chicken Sandwich Cheese Burger on Bun Orange Chicken over Steamed Rice Steamed Peas California Blend Vegetables Banana Apricots Assorted Fresh Fruit	11 WEDNESDAY Breaded Chicken Sandwich Cheese Pizza Beef & Noodles/Dinner Roll Scalloped Potatoes Steamed Cauliflower Strawberry Applesauce Mixed Fruit Assorted Fresh Fruit	12 THURSDAY Breaded Mozzarella Sticks/Marinara Hot Dog on a Bun* Soft-Shell Beef Tacos/Salsa Refried Beans Steamed Broccoli Mandarin Oranges Pears Assorted Fresh Fruit	13 FRIDAY Chicken Sticks/Dinner Roll Grilled Cheese Sandwich Chicken Alfredo/Breadstick ← 100% WHAT? NEWS! Pasta Bar/Breadstick ← Sweet Potato Fries Green Beans Tropical Fruit Peaches Assorted Fresh Fruit
Choose an Entrée: Entrée Selection Entrée Selection Entrée Selection Entrée Selection Choose Side Items: (Must choose at least 1 side to build a meal.)	16 MONDAY Cheese Burger Pizza Crunchers Beef Stew/Cinnamon Roll ← 100% WHAT? NEWS! Pasta Bar/Breadstick Corn on the Cob Steamed Broccoli Strawberry Applesauce Fruit Cocktail Assorted Fresh Fruit	17 TUESDAY Fiestada Pizza/Salsa Breaded Chicken Sandwich Cheeseburger Macaroni & Cheese/Roll Glazed Carrots Steamed Peas Apple Wedges Pears Assorted Fresh Fruit	18 WEDNESDAY Pepperoni French Bread* Pulled BBQ Pork on a Bun* French Toast Sticks/Egg Omelet Hash Brown Edamame 100% Juice Chilled Blueberries Assorted Fresh Fruit	19 THURSDAY Spicy Chicken Tenders/Dinner Roll Real Slice Pepperoni Pizza* Orange Chicken & Rice Green Beans Sweet Potato Fries Mandarin Oranges Baked Apples Assorted Fresh Fruit	20 FRIDAY Corn Dog Garlic Cheese French Bread Queso & Chips Baked Beans Italian Blend Vegetables Peaches Pineapple Assorted Fresh Fruit
Choose an Entrée: Entrée Selection Entrée Selection Entrée Selection Entrée Selection Choose Side Items: (Must choose at least 1 side to build a meal.)	23 MONDAY Popcorn Chicken/Dinner Roll Breaded Mozzarella Sticks/Marinara Beef Enchiladas/Salsa Potato Smiles Mixed Vegetables Pears Strawberries Assorted Fresh Fruit	24 TUESDAY Spicy Chicken Sandwich Pizza Crunchers Chicken & Cheese Nachos Sweet Potato Cross Trax Fries Fiesta Black Beans Grapes Apple Crisp Assorted Fresh Fruit	25 WEDNESDAY Cheese Pizza Hot Dog on Bun* Chicken Fajitas/Salsa Green Beans Italian Blend Vegetables Peaches Applesauce Assorted Fresh Fruit	26 THURSDAY Chicken Nuggets/Dinner Roll Garlic Cheese French Bread Meat Loaf/Biscuit ← 100% WHAT? NEWS! Pasta Bar/Breadstick ← Scalloped Potatoes Steamed Broccoli Strawberry Kiwi Side Kick Fruit Cocktail Assorted Fresh Fruit	27 FRIDAY Bacon* Cheese Burger Fiestada Pizza/Salsa Chicken & Noodles/Dinner Roll California Blend Vegetables Mashed Potatoes Mandarin Oranges Blueberries Assorted Fresh Fruit
Choose an Entrée: Entrée Selection Entrée Selection Entrée Selection Choose Side Items: (Must choose at least 1 side to build a meal.)	30 MONDAY Sloppy Joe on a Bun Breaded Chicken Patty on Bun Meatball Sub* Steamed Corn Edamame Pears Peaches Assorted Fresh Fruit	Daily Side Choices also include fresh vegetables offered each day on our Vegetable Bar including: Romaine Lettuce, Baby Carrots, Tomatoes, Broccoli or Cauliflower, and other assorted fresh vegetables.			

Weekly Breakfast Menus Include Your Choice of Cereal/Toast, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning beginning at 7:20 to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.