

Norwalk Lunch Menu Grades 6-8 April 2018



Choose an Entrée:	2 MONDAY	3 TUESDAY	4 WEDNESDAY	5 THURSDAY	6 FRIDAY
ntrée Selection	Bosco Cheese Sticks/Marinara	Pizza Burger	Stuffed Crust Pepperoni Pizza*	Cheese Stuffed Sticks/Marinara	Chicken Nuggets/Dinner Roll
ntrée Selection	Chicken Tenders/Dinner Roll	Drumstick/Dinner Roll	Corn Dog	BBQ Beef on a Bun	Hamburger on Bun
ntrée Selection	Salisbury Steak/Biscuit	Macaroni & Cheese	Beef & Cheese Nachos	Pancakes/ Sausage Patties*	Meatball Sub 🖌 📕
ntrée Selection					Pasta Bar/Breadstick
Choose Side Items:	Mashed Potatoes	Sugar Snap Peas	Refried Beans	Hash Brown	Cross Trax Sweet Potato Fries
(Must choose at least 1	Green Beans	Broccoli	Oven Baked Tater Gems	Glazed Carrots	Seasoned Corn
side to build a meal.)	Mandarin Oranges	Apple Slices	Pears	Blueberries	Dried Fruit
·	Fruit Cocktail	Pineapple	Grapes	100% Juice	Peaches
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	9 MONDAY	10 TUESDAY	11 WEDNESDAY	12 THURSDAY	13 FRIDAY
ntrée Selection	Mini Corn Dogs	Spicy Chicken Sandwich	Breaded Chicken Sandwich	Breaded Mozzarella Sticks/Marinara	Chicken Sticks/Dinner Roll
ntrée Selection	Cheese Stuffed Sticks/Marinara	Cheese Burger on Bun	Cheese Pizza	Hot Dog on a Bun*	Grilled Cheese Sandwich
ntrée Selection	Popcorn Chicken Potato Bowl/Dinner Roll	Orange Chicken over Steamed Rice	Beef & Noodles/Dinner Roll	Soft-Shell Beef Taco/Salsa	Chicken Alfredo/Breadstick
ntrée Selection		-			Pasta Bar/Breadstick
Choose Side Items:	Mashed Potatoes	Steamed Peas	Scalloped Potatoes	Refried Beans	Sweet Potato Fries
(Must choose at least 1	Corn	California Blend Vegetables	Steamed Cauliflower	Steamed Broccoli	Green Beans
side to build a meal.)	Thickened Strawberries	Banana	Strawberry Applesauce	Mandarin Oranges	Tropical Fruit
	Pineapple	Apricots	Mixed Fruit	Pears	Peaches
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	16 MONDAY	17 TUESDAY	18 WEDNESDAY	19 THURSDAY	20 FRIDAY
ntrée Selection	Cheese Burger	Fiestada Pizza/Salsa	Pepperoni French Bread*	Spicy Chicken Tenders	Corn Dog
ntrée Selection	Pizza Crunchers	Breaded Chicken Sandwich	Pulled BBQ Pork on a Bun*	Real Slice Pepperoni Pizza*	Garlic Cheese French Bread
ntrée Selection	Beef Stew/Cinnamon Roll	Cheeseburger Macaroni & Cheese	French Toast Sticks/Egg Omelet	Orange Chicken & Rice	Queso & Chips
ntrée Selection	Pasta Bar/Breadstick				
Choose Side Items:	Corn on the Cob	Glazed Carrots	Hash Brown	Green Beans	Baked Beans
(Must choose at least 1	Steamed Broccoli	Steamed Peas	Edamame	Sweet Potato Fries	Italian Blend Vegetables
side to build a meal.)	Strawberry Applesauce	Apple Wedges	100% Juice	Mandarin Oranges	Peaches
	Fruit Cocktail	Pears	Chilled Blueberries	Baked Apples	Pineapple
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	23 MONDAY	24 TUESDAY	25 WEDNESDAY	26 THURSDAY	27 FRIDAY
ntrée Selection	Popcorn Chicken/Dinner Roll	Spicy Chicken Sandwich	Cheese Pizza	Chicken Nuggets/Dinner Roll	Bacon* Cheese Burger
ntrée Selection	Breaded Mozzarella Sticks/Marinara	Pizza Crunchers	Hot Dog on Bun*	Garlic Cheese French Bread	Fiestada Pizza/Salsa
ntrée Selection	Beef Enchiladas	Chicken & Cheese Nachos	Chicken Fajita/Salsa	Meat Loaf/Biscuit	Chicken & Noodles/Dinner Roll
ntrée Selection				Pasta Bar/Breadstick	
Choose Side Items:	Potato Smiles	Sweet Potato Cross Trax Fries	Green Beans	Scalloped Potatoes	California Blend Vegetables
(Must choose at least 1	Mixed Vegetables	Fiesta Black Beans	Italian Blend Vegetables	Steamed Broccoli	Mashed Potatoes
side to build a meal.)	Pears	Grapes	Peaches	Strawberry Kiwi Side Kick	Mandarin Oranges
	Strawberries	Apple Crisp	Applesauce	Fruit Cocktail	Blueberries
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	30 MONDAY	-		Daily Side Choices also include free	-h
ntrée Selection	Sloppy Joe on a Bun			•	
trée Selection	Breaded Chicken Patty on Bun			vegetables offered each day on ou	
Entrée Selection	Meatball Sub*			Vegetable Bar including: Romaine	2
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Choose Side Items:	Steamed Corn			Broccoli or Cauliflower, and other	
(Must choose at least 1 side to build a meal.)	Edamame			assorted fresh vegetables.	
	Pears			assoried fresh vegetables.	
	Peaches				
	Assorted Fresh Fruit	1			

eekly Breakfast Menus Include Your Choice of Cereal/Toast, Bagel, Breakfast Pizza, Cinnamon Roll/Long John, French Toast Sticks, or a Bagel Breakfast Sandwich. All breakfast meals include fruit, 100% Juice and Milk. Join us for breakfast before school each morning beginning at 7:20 to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork Whole Grain Products Offered Daily Menus Also Include the Fresh Fruits and Vegetables Offered Daily on the Vegetable Bar

Deli Sandwich Bar Offered Daily. A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.