



Norwalk Community School District-Elementary



APRIL 2018 GLUTEN-FREE LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 GF Chicken Tenders/GF Roll Sweet Potato Fries Baby Carrots Cucumber Slices Mandarin Oranges Fruit Cocktail	3 GF Cheese Pizza Green Beans Romaine Lettuce Edamame Apple Wedges Pineapple	4 Deli Ham on GF Bread* Mashed Potatoes Baby Carrots Broccoli Pears Grapes	5 Hamburger on GF Bun Baked Beans Romaine Salad Tomato Slices Dried Cherries Peaches	6 Homemade GF Garlic Cheese Bread Hash Brown Baby Carrots Celery Sticks Apple Sauce Blueberries
9 GF Pepperoni Pizza Steamed Broccoli Baby Carrots Cucumber Slices Pineapple Thickened Strawberries	10 GF Chicken Tenders Corn Romaine Lettuce Garbanzo Beans Banana Apricots	11 Hot Dog on a GF Bun* French Fries Baby Carrots Pickles Apple Slices Orange Wedges	12 GF Tenders on GF Bun Steamed Edamame Romaine Salad Tomato Slices Mandarin Oranges Diced Pears	13 GF Egg & Cheese Bagel Sandwich Tri-Tater Baby Carrots Grape Tomatoes 100% Orange Juice Chilled Blueberries
16 GF Chicken Tenders/GF Roll Steamed Broccoli Baby Carrots Cauliflower Applesauce Fruit Cocktail	17 Turkey & Gravy/GF Dinner Roll Mashed Potatoes Romaine Salad Broccoli Pears Apple Wedges	18 GF Cheese Pizza Green Beans Baby Carrots Garbanzo Beans Mandarin Oranges Baked Apples	19 Homemade GF Grilled Cheese Steamed Corn Romaine Salad Zucchini Pineapple Strawberries	20 Beef & Cheese Nachos Refried Beans Baby Carrots Salsa/Diced Tomatoes Pineapple Peaches
23 Sloppy Joe on GF Bun Oven Baked French Fries Baby Carrots Chilled Edamame Diced Pears Thickened Strawberries	24 Beef Taco Meat/Tortilla Chips Ranch Beans Shredded Romaine Lettuce/Cheese Cucumber Slices Apple Wedges Grapes	25 GF Pepperoni Pizza* Steamed Broccoli Baby Carrots Green Pepper Strips Peaches Applesauce	26 GF Cheese Sandwich Corn Romaine Salad Broccoli Florettes Strawberry Kiwi Side Kick Fruit Cocktail	27 GF Homemade Cheese Bread Marinara Sauce Baby Carrots Celery Sticks Mandarin Oranges Dried Fruit

30 GF Cheese Pizza Steamed Peas Baby Carrots Zucchini Sticks Diced Pears Peaches



SEAL the deal and eat a healthy school breakfast beginning at 7:30 each morning!

Meal Prices for 2017-18

Elementary Lunch \$2.60
Milk \$.50
Student Breakfast \$1.75

* Entrée May Contain Pork Only Whole Grain Products Are Served A Variety of Condiments Are Offered Daily
USDA is an equal opportunity provider. Menu is subject to change without notice.

GF Cereal is offered daily as a breakfast option. A Variety of Milk is Offered Daily-1% White or Skim White, Chocolate or Strawberry
Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include side choices & carton of milk.