

**TO:** All parents of Norwalk students  
**FROM:** Norwalk School Nurses  
**RE:** Illnesses & School Policies

You will be notified that your child needs to go home from school if he/she exhibits any of the following symptoms:



- **Fever of 100 F or higher**
- **Vomiting**
- **Diarrhea**
- **Symptoms of contagious illness**
  - **such as: strep throat, skin infections**

Please keep your child home for 24 hours:



- **Following the last episode of vomiting or diarrhea**
- **After they no longer have a fever (without fever reducing medication)**
- **After starting antibiotics for a contagious illness (strep throat)**

The following table is a comparison between Influenza and a cold. This information was obtained from Iowa Department of Public Health. For more information regarding Influenza see the attachment:

Symptoms	Influenza	Cold
Fever	Usually, typically >100 F	Uncommon
Headache	Common	Uncommon
Aches/Pain	Commonly Severe	Slight
Runny Nose	Common	Common
Sore Throat	Common	Common
Cough	Common	Common
Stomach symptoms, such as vomiting, diarrhea, nausea	Common in children	Uncommon



**\*\* When calling in to notify the school of your child's illness, please be specific regarding your child's symptoms.** The nurses are required to report absences over 10% with similar symptoms to the Department of Health. Specific names are not reported, only symptoms and the number of students.