




Norwalk Community School District-Head Start					
JANUARY 2024 BREAKFAST, LUNCH & SNACK MENU					
MONDAY		TUESDAY		WEDNESDAY	
1		2		3	
				Kix Cereal, Applesauce Cup & 1% Milk	
				Chicken Nuggets Steamed Corn Raisins & 1% Milk	
				PM SNACK Graham Crackers & String Cheese	
THURSDAY		FRIDAY			
4		5			
Egg Bagel Sandwich, Craisins & 1% Milk		Graham Crackers, Apple Slices, & 1% Milk			
Cheese Pizza Romaine Salad/Ranch Dressing Pears & 1% Milk		French Toast/Cheese Omelet Hash Brown Blueberries			
PM SNACK Orange Wedges & Baby Carrots		PM SNACK Gold Fish Crackers & String Cheese			
8		9		10	
Bacon Breakfast Pizza, Craisins & 1% Milk		French Toast Sticks, Apple Slices & 1% Milk		Egg & Cheese Omelet/Toast, Raisins & 1% Milk	
Pepperoni Pizza Steamed Broccoli Baked Apples & 1% Milk		Chicken Tenders Potato Smiles Applesauce Cup & 1% Milk		Hot Dog* on a Bun Baked Beans Apricots & 1% Milk	
PM SNACK Fruit Cocktail & Cheerios		PM SNACK Banana & Rice Chex		PM SNACK Strawberries & Graham Crackers	
15		16		17	
No Head Start Today! 		No Head Start Today! 		Egg & Cheese Omelet/Toast, Raisins & 1% Milk	
				Chicken Nuggets Steamed Broccoli Fruit Cocktail & 1% Milk	
				PM SNACK Mandarin Oranges & Kix Cereal	
18		19		20	
Egg Bagel Sandwich, Apricots & 1% Milk		Cheerios, Applesauce & 1% Milk		Egg & Cheese Omelet/Toast, Raisins & 1% Milk	
Corn Dog Oven Baked French Fries Pineapple & 1% Milk		WG Soft Pretzel & Cheese Sauce Refried Beans Peaches & 1% Milk		Soft Beef Taco Lettuce Apple Slices & 1% Milk	
PM SNACK Apple Slices & String Cheese		PM SNACK Craisins & Graham Crackers		PM SNACK Strawberries & Graham Crackers	
22		23		24	
Bacon Breakfast Pizza, Applesauce Cup & 1% Milk		French Toast Sticks, Pears & 1% Milk		Egg & Cheese Omelet/Toast, Raisins & 1% Milk	
Blueberry Waffles/Cheese Omelet Potato Wedges Apple Wedges & 1% Milk		Cheese Burger Baked Beans Banana & 1% Milk		Cheese Stuffed Sticks/Marinara Steamed Broccoli Pears & 1% Milk	
PM SNACK Craisins & Gold Fish Crackers		PM SNACK Mixed Fruit & String Cheese		PM SNACK Peaches & Cheerios	
29		30		31	
Bacon Breakfast Pizza, Applesauce Cup & 1% Milk		French Toast Sticks, Cinnamon Applesauce & 1% Milk		Egg & Cheese Omelet/Toast, Mixed Fruit & 1% Milk	
Orange Chicken/Rice Steamed Broccoli Apple Slices & 1% Milk		Pancakes/Cheese Omelet Hash Brown Orange Wedges & 1% Milk		Chicken Alfredo Pasta Corn Pineapple & 1% Milk	
PM SNACK Strawberries & Gold Fish Crackers		PM SNACK Kix Cereal & Apple Slices		PM SNACK Graham Crackers & String Cheese	
* Entrée May Contain Pork Only Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice.					