		Norwalk Lunch M	Menu Grades 9-12 January 2024		
Choose an Entrée:	1 MONDAY	2 TUESDAY	3 WEDNESDAY	4 THURSDAY	5 FRIDAY
Entrée Selection:	MEAL PRICES FOR 2023-2024		Corn Dog	Chicken Tenders/Dinner Roll	Pepperoni French Bread*
Entrée Selection:	GRADES 6-12 BREAKFAST \$2.15		Breaded Mozzarella Sticks/Marinara	Philly Beef Cheese Steak	Hamburger with Crispy Onion Strips
Entrée Selection:	REDUCED PRICED BF \$.30		Honey Sriracha Chicken/Rice	Queso Blanco & Tortilla Chips	Pancakes/Cheese Omelet
Entrée Selection:	GRADES 6-12 LUNCH \$3.20		Deli Sandwich or Salad Bar	Deli Sandwich or Salad Bar	Deli Sandwich or Salad Bar
Choose Side Items:	REDUCED PRICED LUNCH \$.40		Corn	Refried Beans	Hash Brown
(Must choose at least 1	SECOND ENTRÉE \$3.20		Steamed Broccoli	Seasoned Potato Wedges	Steamed Edamame
side to build a meal.)	SECOND MEAL BUNDLE \$3.70		Craisins	Pears	Chilled Blueberries
,	ADULT LUNCH \$4.85/BF \$2.60		Apple Slices	Mandarin Oranges	100% Fruit Juice Cup
			Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	8 MONDAY	9 TUESDAY	10 WEDNESDAY	11 THURSDAY	12 FRIDAY
Entrée Selection:	Mini Corn Dogs	Popcorn Chicken/Dinner Roll	Breaded Chicken Sandwich	Cheese Burger	Cheese Pizza
Entrée Selection:	Fiestada Beef Pizza	Bosco Cheese Sticks/Marinara	Garlic Cheese Bread	Stuffed Crust Pepperoni Pizza*	Deluxe Chicken Sandwich
Entrée Selection:	Chicken Crispitos/Cheese Sauce/Salsa	Deconstructed Burrito Bowl	Spaghetti & Meat Sauce/Bread Stick	Chicken & Noodles/Dinner Roll	Salisbury Steak/Gravy/Biscuit
Entrée Selection:	Deli Sandwich or Salad Bar	Deli Sandwich or Salad Bar	Deli Sandwich or Salad Bar	Deli Sandwich or Salad Bar	Deli Sandwich or Salad Bar
Choose Side Items:	Baked Beans	Sweet Potato Fries	Green Beans	Scalloped Potatoes	Mashed Potatoes
(Must choose at least 1	Broccoli	Fiesta Black Beans	Steamed Cauliflower	Steamed Peas	Green Beans
side to build a meal.)	Apple Slices	Mandarin Oranges	Pears	Orange Wedges	Fruit Cocktail
, , , , , , , , , , , , , , , , , , , ,	Peaches	Applesauce	Baked Apples	Pineapple	Strawberries
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	15 MONDAY	16 TUESDAY	17 WEDNESDAY	18 THURSDAY	19 FRIDAY
Entrée Selection:		Garlic Cheese Bread	Chicken Nuggets/Dinner Roll	Spicy Chicken Sandwich	Bosco Cheese Sticks/Marinara
Entrée Selection:	No School Today!	Hamburger	Pizza Crunchers	Cheese Stuffed Sticks/Marinara	Pork Fritter* on Bun
Entrée Selection:		Chicken Fajitas/Salsa	Turkey & Gravy/Biscuit	General Tso's Ramen Bowl	Mini Pancakes/Cheese Omelet
Entrée Selection:	M	Deli Sandwich or Salad Bar	Deli Sandwich or Salad Bar	Deli Sandwich or Salad Bar	Deli Sandwich or Salad Bar
Choose Side Items:		Baked Beans	Mashed Potatoes	Steamed Broccoli	Sweet Potato Fries
(Must choose at least 1		Steamed Peas	Green Beans	Glazed Carrots	Edamame
side to build a meal.)		Strawberry Applesauce	Mandarin Oranges	Baked Apples	100% Fruit Juice Cup
		Pineapple	Applesauce	Fruit Cocktail	Pears
		Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	22 MONDAY	23 TUESDAY	24 WEDNESDAY	25 THURSDAY	26 FRIDAY
Entrée Selection:	Pepperoni Pizza*	Dill Seasoned Chicken Chunks/Roll	Mini Corn Dogs	Chicken Drumstick/Biscuit	Cheese Stuffed Sticks/Marinara
Entrée Selection:	Breaded Mozzarella Sticks/Marinara	Grilled Cheese Sandwich	Chicken Fried Steak on a Bun	BBQ Pork Rib* on a Bun	Chicken Tenders/Dinner Roll
Entrée Selection:	Meatball Sub Sandwich	Pasta & Meat Sauce/Breadstick	Orange Chicken/Brown Rice	French Toast Sticks/Cheese Omelet	Walking Taco/Salsa/Cheese
Entrée Selection:	Deli Sandwich or Salad Bar	Deli Sandwich ^{or} Salad Bar	Deli Sandwich ^{or} Salad Bar	Deli Sandwich ^{or} Salad Bar	Deli Sandwich or Salad Bar
Choose Side Items:	Glazed Carrots	Tater Tots	Green Beans	Hash Brown	Refried Beans
(Must choose at least 1	Steamed Corn	Steamed Peas	Steamed Cauliflower	Italian Blend Vegetables	Sweet Potato Fries
side to build a meal.)	Apple Slices	Mandarin Oranges	Pears	Banana	Fruit Cocktail
	Fruit Cocktail	Applesauce	Apricots	100% Fruit Juice	Orange Wedges
	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit	Assorted Fresh Fruit
Choose an Entrée:	29 MONDAY	30 TUESDAY	31 WEDNESDAY		
Entrée Selection:	Hot Dog on a Bun*	Chicken Nuggets/Dinner Roll	Breaded Chicken Sandwich	1	
Entrée Selection:	Breaded Chicken Sandwich	Pizza Crunchers	Garlic Cheese Bread	A variety of fresh fruits and vegetable options are offered each day on our Garden Bar as part of the meal option. Students may complement each lunch meal with baby carrots, romaine lettuce, broccoli, cauliflower, assorted sweet peppers, tomatoes and/or legumes each day in addition to the published menu sides. They must take a minimum of 1/2 cup of a fruit and/or vegetable, along with 2 other food groups, to build a meal. A la carte items and menu sides are available to purchase if the student's meal account does not have restrictions and has a positive fund balance.	
Entrée Selection:	Macaroni & Cheese/Breadstick	Turkey & Gravy/Biscuit	Beef Soft Tacos/Cheese/Salsa		
Entrée Selection:	Deli Sandwich ^{or} Salad Bar	Deli Sandwich or Salad Bar	Deli Sandwich or Salad Bar		
Choose Side Items:	Steamed Peas	Mashed Potatoes	Refried Beans		
(Must choose at least 1	Baked Beans	Green Beans	Steamed Cauliflower		
,			Pears		
side to build a meal.)	Mandarin Oranges	Peaches	rears	1	
side to build a meal.)	Mandarin Oranges Cinnamon Applesauce	Peaches Pineapple	Baked Apples	ba	lance.

All breakfast meals include fruit, 100% juice and milk. Join us for breakfast before school each morning to help kick-start your learning. Breakfast Menu Offerings Vary Each Day.

*Entrée May Contain Pork

Whole Grain Products Offered Daily

A Variety of Milk Choices are Offered Daily. Menu is subject to change without notice. USDA is an equal opportunity provider.

Please bring your student ID/ lunch card each day so that we may efficiently serve you!