

Norwalk Community School District-Oviatt Elementary

OCTOBER 2023 BREAKFAST AND LUNCH MENU



WITH SENDOL LUNCH	OCTOBEI	R 2023 BREAKFAST AND LUN	CH MENU	WITH SCHOOL LUNCH
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bacon Breakfast Pizza or	3 French Toast Sticks or	4 Egg & Cheese Omelet/Toast or	5	6 Variety of Mini Entrees or
Cereal & Graham Crackers Fruit, 100% Juice & Milk	Cereal & Graham Crackers Fruit, 100% Juice & Milk	Cereal & Graham Crackers Fruit, 100% Juice & Milk	Cereal & Graham Crackers Fruit, 100% Juice & Milk	Cereal & Graham Crackers Fruit, 100% Juice & Milk
		Ms. Bell's 2nd Grade Class Menu		
O11.1 N	Ci Pi		Ms. Phillips' 2nd Grade Class Menu	E 175 .0.11 (%)
Chicken Nuggets or	Cheese Pizza or	Hamburger or	Macaroni & Cheese/Roll or	French Toast Sticks/Yogurt or
Deli Ham* Sandwich	Deli Turkey Sandwich	Deli Ham* Sandwich	Diced Ham*/Dinner Roll	Deli Ham* Sandwich
Sweet Potato Fries	Seasoned Black Beans	Mashed Potatoes Broccoli/Carrots	Green Beans	Hash Brown
Baby Carrots/Cucumber Slices	Romaine Salad/Cherry Tomatoes	,	Romaine Salad/Pickles	Baby Carrots/Edamame
Pineapple Chilled Blueberries	Fruit Cocktail	Apple Slices	Watermelon	100% Fruit Juice
Ragan Brookfoot Diggs	Cinnamon Applesauce Cup French Toast Sticks or	Thickened Strawberries 11 Egg & Cheese Omelet/Toast or	Oranges Bacon Breakfast Pizza or	Blueberries Variety of Mini Entrees or
9 Cereal & Graham Crackers	10 Cereal & Graham Crackers	11 Cereal & Graham Crackers	12 Cereal & Graham Crackers	Cereal & Graham Crackers
Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk
	Ms. Clark's 2nd Grade Class Menu	Ms.Robinson's 2nd Grade Class Menu		
Pepperoni Pizza* or	Chicken Tenders or	Hot Dog* on a Bun or	Breaded Chicken Sandwich or	Pancakes/Sausage Patties* or
Deli Turkey Sandwich	Deli Ham* Sandwich	Deli Turkey Sandwich	Deli Ham* Sandwich	Cheese Sandwich
Steamed Broccoli	Potato Smiles	Corn	Baked Beans	Hash Brown Potato
Baby Carrots/Cauliflower	Romaine Lettuce/Baby Carrots	Broccoli/Pickles	Romaine Salad/Tomato Slices	Baby Carrots/Edamame
•				
Baked Apples	Watermelon	Strawberries	Mandarin Oranges	100% Fruit Juice
Fruit Cocktail	Grapes	Watermelon	Pears & WG CC Cookie	Mixed Berry Cup
Bacon Breakfast Pizza or Cereal & Graham Crackers	French Toast Sticks or Cereal & Graham Crackers	18 Egg & Cheese Omelet/Toast or Cereal & Graham Crackers	Bacon Breakfast Pizza or Cereal & Graham Crackers	Variety of Mini Entrees or Cereal & Graham Crackers
Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk
Ms. Iburgs 2nd Grade Class Menu		Ms. Scott's 2nd Grade Class Menu	Ms. Greenslade's 2nd Grade Class Menu	
Popcorn Chicken/Roll or	Turkey Gravy & Biscuit or	Cheese Pizza or	Mini Corn Dogs or	Queso Blanco & Tortilla Scoops
Deli Turkey Sandwich	Diced Ham*/Dinner Roll	Deli Ham* Sandwich	Deli Ham* Sandwich	Deli Turkey Sandwich
Corn on the Cob	Mashed Potatoes	Corn	Green Beans	Refried Beans
	Romaine Lettuce/Broccoli	Salad/Tomatoes	Red Peppers/Carrots	Baby Carrots/Cherry Tomatoes
Baby Carrots/Cucumber Slices		,		
Peaches	Pears	Watermelon	Apple Slices	Pineapple
Apple Slices	Apricots	100% Fruit Slushy	Watermelon	Applesauce
23 Bacon Breakfast Pizza or Cereal & Graham Crackers	24 French Toast Sticks or Cereal & Graham Crackers	25 Egg & Cheese Omelet/Toast or Cereal & Graham Crackers	Bacon Breakfast Pizza or Cereal & Graham Crackers	27 Variety of Mini Entrees or Cereal & Graham Crackers
Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk	Fruit, 100% Juice & Milk
		Ms. Turner's 2nd Grade Class Menu		
Pizza Crunchers or	Cheese Burger or	Beef Taco Pizza/Salsa or	Bosco Cheese Sticks/Marinara or	Grilled Cheese Sandwich or
Deli Turkey Sandwich	Deli Ham* Sandwich	Deli Turkey Sandwich	Deli Ham* Sandwich	Diced Ham*/Dinner Roll
•		,		
Steamed Peas		Comp	Steemed Broccoli	
	Oven Baked French Fries	Corn	Steamed Broccoli	Glazed Carrots
Baby Carrots/Cucumber Slices	Romaine Lettuce/Tomato Slices	Corn Shredded Romaine/Diced Tomatoes	Steamed Broccoli Baby Carrots/Chilled Edamame	Romaine Lettuce/Broccoli
•				
•	Romaine Lettuce/Tomato Slices	Shredded Romaine/Diced Tomatoes	Baby Carrots/Chilled Edamame	Romaine Lettuce/Broccoli
Blueberries Applesauce Bacon Breakfast Pizza or	Romaine Lettuce/Tomato Slices Fresh Grapes Apple Crisp French Toast Sticks or	Shredded Romaine/Diced Tomatoes Watermelon 100% Fruit Slushy Second Grade students from 6	Baby Carrots/Chilled Edamame Peaches Pears Orchard Hills Elementary plans	Romaine Lettuce/Broccoli Pineapple Mandarin Oranges ned some of the October lune
Applesauce	Romaine Lettuce/Tomato Slices Fresh Grapes Apple Crisp	Shredded Romaine/Diced Tomatoes Watermelon 100% Fruit Slushy Second Grade students from menus for National School L	Baby Carrots/Chilled Edamame Peaches Pears	Romaine Lettuce/Broccoli Pineapple Mandarin Oranges ned some of the October lune nationwide October 9th-13th
Blueberries Applesauce Bacon Breakfast Pizza or Cereal & Graham Crackers	Romaine Lettuce/Tomato Slices Fresh Grapes Apple Crisp French Toast Sticks or Cereal & Graham Crackers	Shredded Romaine/Diced Tomatoes Watermelon 100% Fruit Slushy Second Grade students from menus for National School L Each class learned about the protein) required to be offered	Baby Carrots/Chilled Edamame Peaches Pears Orchard Hills Elementary planunch Week which is celebrated 5 food components (milk, fruits deach lunch meal. They selected	Romaine Lettuce/Broccoli Pineapple Mandarin Oranges ned some of the October lune nationwide October 9th-13th s, vegetables, whole grains ar ed some of their favorite scho
Applesauce Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk	Romaine Lettuce/Tomato Slices Fresh Grapes Apple Crisp 31 French Toast Sticks or Cereal & Graham Crackers Fruit, 100% Juice & Milk Ms. Dirk's 2nd Grade Class Menu	Shredded Romaine/Diced Tomatoes Watermelon 100% Fruit Slushy Second Grade students from menus for National School L Each class learned about the protein) required to be offered	Baby Carrots/Chilled Edamame Peaches Pears Orchard Hills Elementary plant unch Week which is celebrated 5 food components (milk, fruits d each lunch meal. They selecte use their classroom selections de	Romaine Lettuce/Broccoli Pineapple Mandarin Oranges ned some of the October lune nationwide October 9th-13th s, vegetables, whole grains ar d some of their favorite scho
Applesauce Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk Orange Chicken/Rice or	Romaine Lettuce/Tomato Slices Fresh Grapes Apple Crisp 31 French Toast Sticks or Cereal & Graham Crackers Fruit, 100% Juice & Milk Ms. Dirk's 2nd Grade Class Menu Pancakes/Cheese Omelet or	Shredded Romaine/Diced Tomatoes Watermelon 100% Fruit Slushy Second Grade students from menus for National School L Each class learned about the protein) required to be offered	Baby Carrots/Chilled Edamame Peaches Pears Orchard Hills Elementary planunch Week which is celebrated 5 food components (milk, fruits deach lunch meal. They selected	Romaine Lettuce/Broccoli Pineapple Mandarin Oranges ned some of the October lune nationwide October 9th-13th s, vegetables, whole grains ar rd some of their favorite scho
Applesauce Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk Orange Chicken/Rice or	Romaine Lettuce/Tomato Slices Fresh Grapes Apple Crisp 31 French Toast Sticks or Cereal & Graham Crackers Fruit, 100% Juice & Milk Ms. Dirk's 2nd Grade Class Menu Pancakes/Cheese Omelet or Deli Ham* Sandwich	Shredded Romaine/Diced Tomatoes Watermelon 100% Fruit Slushy Second Grade students from menus for National School L Each class learned about the protein) required to be offered	Baby Carrots/Chilled Edamame Peaches Pears Orchard Hills Elementary plant unch Week which is celebrated 5 food components (milk, fruits d each lunch meal. They selecte use their classroom selections de	Romaine Lettuce/Broccoli Pineapple Mandarin Oranges ned some of the October lune nationwide October 9th-13th s, vegetables, whole grains ar rd some of their favorite scho
Applesauce Bacon Breakfast Pizza or Cercal & Graham Crackers Fruit, 100% Juice & Milk Orange Chicken/Rice or	Romaine Lettuce/Tomato Slices Fresh Grapes Apple Crisp 31 French Toast Sticks or Cereal & Graham Crackers Fruit, 100% Juice & Milk Ms. Dirk's 2nd Grade Class Menu Pancakes/Cheese Omelet or	Shredded Romaine/Diced Tomatoes Watermelon 100% Fruit Slushy Second Grade students from menus for National School L Each class learned about the protein) required to be offered	Baby Carrots/Chilled Edamame Peaches Pears Orchard Hills Elementary plant unch Week which is celebrated 5 food components (milk, fruits d each lunch meal. They selecte use their classroom selections de	Romaine Lettuce/Broccoli Pineapple Mandarin Oranges ned some of the October lune nationwide October 9th-13th s, vegetables, whole grains ar d some of their favorite scho
Blueberries Applesauce 30 Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk Orange Chicken/Rice or Deli Turkey Sandwich Steamed Broccoli	Romaine Lettuce/Tomato Slices Fresh Grapes Apple Crisp 31 French Toast Sticks or Cereal & Graham Crackers Fruit, 100% Juice & Milk Ms. Dirk's 2nd Grade Class Menu Pancakes/Cheese Omelet or Deli Ham* Sandwich	Shredded Romaine/Diced Tomatoes Watermelon 100% Fruit Slushy Second Grade students from menus for National School L Each class learned about the protein) required to be offered	Baby Carrots/Chilled Edamame Peaches Pears Orchard Hills Elementary plant unch Week which is celebrated 5 food components (milk, fruits d each lunch meal. They selecte use their classroom selections de	Romaine Lettuce/Broccoli Pineapple Mandarin Oranges ned some of the October lune nationwide October 9th-13th s, vegetables, whole grains ar d some of their favorite scho
Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk Orange Chicken/Rice or Deli Turkey Sandwich	Romaine Lettuce/Tomato Slices Fresh Grapes Apple Crisp 31 French Toast Sticks or Cereal & Graham Crackers Fruit, 100% Juice & Milk Ms. Dirk's 2nd Grade Class Menu Pancakes/Cheese Omelet or Deli Ham* Sandwich Corn	Shredded Romaine/Diced Tomatoes Watermelon 100% Fruit Slushy Second Grade students from menus for National School L Each class learned about the protein) required to be offered	Baby Carrots/Chilled Edamame Peaches Pears Orchard Hills Elementary plant unch Week which is celebrated 5 food components (milk, fruits d each lunch meal. They selecte use their classroom selections de	Romaine Lettuce/Broccoli Pineapple Mandarin Oranges ned some of the October lunc nationwide October 9th-13th s, vegetables, whole grains an d some of their favorite scho

Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.

* Entrée May Contain Pork

Only Whole Grain-Rich Products Are Served

A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily