

Norwalk Community School District-Orchard Hills Elementary

OCTOBER 2023 BREAKFAST AND LUNCH MENU



WITH SCHOOL LUNCH	OCTOBE	R 2023 BREAKFAST AND LUN	ICH MENU	WITH SCHOOL LUNCH
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk	French Toast Sticks or Cereal & Graham Crackers Fruit, 100% Juice & Milk	4 Egg & Cheese Omelet/Toast or Cereal & Graham Crackers Fruit, 100% Juice & Milk Ms. Bell's 2nd Grade Class Menu	Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk Ms. Phillips' 2nd Grade Class Menu	Variety of Mini Entrees or Cereal & Graham Crackers Fruit, 100% Juice & Milk
Chicken Nuggets or	Cheese Pizza or	Hamburger or	Macaroni & Cheese/Roll or	French Toast Sticks/Yogurt or
Deli Ham* Sandwich	Deli Turkey Sandwich	Deli Ham* Sandwich	Diced Ham*/Dinner Roll	Deli Ham* Sandwich
Sweet Potato Fries	Seasoned Black Beans	Mashed Potatoes	Green Beans	Hash Brown
Baby Carrots/Cucumber Slices	Romaine Salad/Cherry Tomatoes	Broccoli/Carrots	Romaine Salad/Pickles	Baby Carrots/Edamame
Pineapple	Fruit Cocktail	Apple Slices	Watermelon	100% Fruit Juice
Chilled Blueberries	Cinnamon Applesauce Cup	Thickened Strawberries	Oranges	Blueberries
9 Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	11 Egg & Cheese Omelet/Toast or Cereal & Graham Crackers Fruit, 100% Juice & Milk	12 Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk	Variety of Mini Entrees or Cereal & Graham Crackers Fruit, 100% Juice & Milk
	Ms. Clark's 2nd Grade Class Menu	Ms.Robinson's 2nd Grade Class Menu		
Pepperoni Pizza* or	Chicken Tenders	Hot Dog* on a Bun or	Breaded Chicken Sandwich or	Pancakes/Sausage Patties* or
Deli Turkey Sandwich	Deli Ham* Sandwich	Deli Turkey Sandwich	Deli Ham* Sandwich	Cheese Sandwich
Steamed Broccoli	Potato Smiles	Corn	Baked Beans	Hash Brown Potato
Baby Carrots/Cauliflower		Broccoli/Pickles	Romaine Salad/Tomato Slices	
	Romaine Lettuce/Baby Carrots			Baby Carrots/Edamame
Baked Apples	Watermelon	Strawberries	Mandarin Oranges	100% Fruit Juice
Fruit Cocktail Bacon Breakfast Pizza or	Grapes French Toast Sticks or	Watermelon Egg & Cheese Omelet/Toast or	Pears & WG CC Cookie Bacon Breakfast Pizza or	Mixed Berry Cup Variety of Mini Entrees or
Cereal & Graham Crackers Fruit, 100% Juice & Milk	Cereal & Graham Crackers Fruit, 100% Juice & Milk	Cereal & Graham Crackers Fruit, 100% Juice & Milk	19 Cereal & Graham Crackers Fruit, 100% Juice & Milk	Cereal & Graham Crackers Fruit, 100% Juice & Milk
Ms. Iburgs 2nd Grade Class Menu		Ms. Scott's 2nd Grade Class Menu	Ms. Greenslade's 2nd Grade Class Menu	
Popcorn Chicken/Roll or	Turkey Gravy & Biscuit or	Cheese Pizza or	Mini Corn Dogs or	Queso Blanco & Tortilla Scoops
Deli Turkey Sandwich	Diced Ham*/Dinner Roll	Deli Ham* Sandwich	Deli Ham* Sandwich	Deli Turkey Sandwich
Corn on the Cob	Mashed Potatoes	Corn	Green Beans	Refried Beans
Baby Carrots/Cucumber Slices	Romaine Lettuce/Broccoli	Salad/Tomatoes	Red Peppers/Carrots	Baby Carrots/Cherry Tomatoes
Peaches	Pears	Watermelon	Apple Slices	Pineapple
Apple Slices	Apricots	100% Fruit Slushy	Watermelon	Applesauce
Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk	French Toast Sticks or Cereal & Graham Crackers Fruit, 100% Juice & Milk	25 Egg & Cheese Omelet/Toast or Cereal & Graham Crackers Fruit, 100% Juice & Milk	Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk	27 Variety of Mini Entrees or Cereal & Graham Crackers Fruit, 100% Juice & Milk
		Ms. Turner's 2nd Grade Class Menu		
Pizza Crunchers or	Cheese Burger or	Beef Taco Pizza/Salsa or	Bosco Cheese Sticks/Marinara or	Grilled Cheese Sandwich or
Deli Turkey Sandwich	Deli Ham* Sandwich	Deli Turkey Sandwich	Deli Ham* Sandwich	Diced Ham*/Dinner Roll
Steamed Peas	Oven Baked French Fries	Corn	Steamed Broccoli	Glazed Carrots
Baby Carrots/Cucumber Slices	Romaine Lettuce/Tomato Slices	Shredded Romaine/Diced Tomatoes	Baby Carrots/Chilled Edamame	Romaine Lettuce/Broccoli
Blueberries	Fresh Grapes	Watermelon	Peaches	Pineapple
Applesauce	Apple Crisp	100% Fruit Slushy	Pears	Mandarin Oranges
30 Bacon Breakfast Pizza or Cereal & Graham Crackers Fruit, 100% Juice & Milk	31 French Toast Sticks or Cereal & Graham Crackers Fruit, 100% Juice & Milk	Second Grade students from Orchard Hills Elementary planned some of the October lunch menus for National School Lunch Week which is celebrated nationwide October 9th-13th. Each class learned about the 5 food components (milk, fruits, vegetables, whole grains and protein) required to be offered each lunch meal. They selected some of their favorite school		
Orange Chicken/Rice or	Ms. Dirk's 2nd Grade Class Menu Pancakes/Cheese Omelet or	lunch items. We will showca	ase their classroom selections d also. Thank you Second Grade	
Deli Turkey Sandwich	Deli Ham* Sandwich		<u> </u>	
Steamed Broccoli	Corn			•
Baby Carrots/Chilled Peas	Broccoli/Pickles		📥 🌉 UP 📩 📗	
Apple Slices & Festive Sugar Cookie	100 % Fruit Slushy	Į.	WITH SCHOOL LUNCH	
Strawberries	Watermelon	-	_	
		n be found at norwalkschools.nutri	islice.com. Unexpected supply ch	ain issues, may result in sudden

Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.

* Entrée May Contain Pork

Only Whole Grain-Rich Products Are Served

A Variety of Condiments Are Offered Daily

USDA is an equal opportunity provider.

Menu is subject to change without notice.

Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily