



Norwalk Community School District-Lakewood Elementary

OCTOBER 2023 BREAKFAST AND LUNCH MENU



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
2	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	3	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	4	Egg & Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	5	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	6	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk		
				<i>Ms. Bell's 2nd Grade Class Menu</i>		<i>Ms. Phillips' 2nd Grade Class Menu</i>					
Chicken Nuggets <i>or</i> Deli Ham* Sandwich Sweet Potato Fries Baby Carrots/Cucumber Slices Pineapple Chilled Blueberries		Cheese Pizza <i>or</i> Deli Turkey Sandwich Seasoned Black Beans Romaine Salad/Cherry Tomatoes Fruit Cocktail Cinnamon Applesauce Cup		Hamburger <i>or</i> Deli Ham* Sandwich Mashed Potatoes Broccoli/Carrots Apple Slices Thickened Strawberries		Macaroni & Cheese/Roll <i>or</i> Diced Ham*/Dinner Roll Green Beans Romaine Salad/Pickles Watermelon Oranges		French Toast Sticks/Yogurt <i>or</i> Deli Ham* Sandwich Hash Brown Baby Carrots/Edamame 100% Fruit Juice Blueberries			
9	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	10	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	11	Egg & Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	12	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	13	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk		
		<i>Ms. Clark's 2nd Grade Class Menu</i>		<i>Ms. Robinson's 2nd Grade Class Menu</i>							
Pepperoni Pizza* <i>or</i> Deli Turkey Sandwich Steamed Broccoli Baby Carrots/Cauliflower Baked Apples Fruit Cocktail		Chicken Tenders <i>or</i> Deli Ham* Sandwich Potato Smiles Romaine Lettuce/Baby Carrots Watermelon Grapes		Hot Dog* on a Bun <i>or</i> Deli Turkey Sandwich Corn Broccoli/Pickles Strawberries Watermelon		Breaded Chicken Sandwich <i>or</i> Deli Ham* Sandwich Baked Beans Romaine Salad/Tomato Slices Mandarin Oranges Pears & WG CC Cookie		Pancakes/Sausage Patties* <i>or</i> Cheese Sandwich Hash Brown Potato Baby Carrots/Edamame 100% Fruit Juice Mixed Berry Cup			
16	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	17	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	18	Egg & Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	19	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	20	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk		
<i>Ms. Iburg's 2nd Grade Class Menu</i>				<i>Ms. Scott's 2nd Grade Class Menu</i>		<i>Ms. Greenslade's 2nd Grade Class Menu</i>					
Popcorn Chicken/Roll <i>or</i> Deli Turkey Sandwich Corn on the Cob Baby Carrots/Cucumber Slices Peaches Apple Slices		Turkey Gravy & Biscuit <i>or</i> Diced Ham*/Dinner Roll Mashed Potatoes Romaine Lettuce/Broccoli Pears Apricots		Cheese Pizza <i>or</i> Deli Ham* Sandwich Corn Salad/Tomatoes Watermelon 100% Fruit Slushy		Mini Corn Dogs <i>or</i> Deli Ham* Sandwich Green Beans Red Peppers/Carrots Apple Slices Watermelon		Queso Blanco & Tortilla Scoops Deli Turkey Sandwich Refried Beans Baby Carrots/Cherry Tomatoes Pineapple Applesauce			
23	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	24	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	25	Egg & Cheese Omelet/Toast <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	26	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	27	Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk		
				<i>Ms. Turner's 2nd Grade Class Menu</i>							
Pizza Crunchers <i>or</i> Deli Turkey Sandwich Steamed Peas Baby Carrots/Cucumber Slices Blueberries Applesauce		Cheese Burger <i>or</i> Deli Ham* Sandwich Oven Baked French Fries Romaine Lettuce/Tomato Slices Fresh Grapes Apple Crisp		Beef Taco Pizza/Salsa <i>or</i> Deli Turkey Sandwich Corn Shredded Romaine/Diced Tomatoes Watermelon 100% Fruit Slushy		Bosco Cheese Sticks/Marinara <i>or</i> Deli Ham* Sandwich Steamed Broccoli Baby Carrots/Chilled Edamame Peaches Pears		Grilled Cheese Sandwich <i>or</i> Diced Ham*/Dinner Roll Glazed Carrots Romaine Lettuce/Broccoli Pineapple Mandarin Oranges			
30	Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	31	French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk	<div>Second Grade students from Orchard Hills Elementary planned some of the October lunch menus for National School Lunch Week which is celebrated nationwide October 9th-13th. Each class learned about the 5 food components (milk, fruits, vegetables, whole grains and protein) required to be offered each lunch meal. They selected some of their favorite school lunch items. We will showcase their classroom selections during the month of November also. Thank you Second Grade!</div> <div></div>							
		<i>Ms. Dirk's 2nd Grade Class Menu</i>									
Orange Chicken/Rice <i>or</i> Deli Turkey Sandwich Steamed Broccoli Baby Carrots/Chilled Peas Apple Slices & Festive Sugar Cookie Strawberries		Pancakes/Cheese Omelet <i>or</i> Deli Ham* Sandwich Corn Broccoli/Pickles 100 % Fruit Slushy Watermelon									
<i>Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.</i>											
* Entrée May Contain Pork											