


Norwalk Community School District-Lakewood Elementary

SEPTEMBER 2023 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p align="center"><u>Elementary Meal Pricing:</u> Elementary Breakfast \$2.15 Reduced Priced Breakfast \$.30 Elementary Lunch \$3.10 Reduced Priced Lunch \$.40 Single Carton of Milk \$.50</p>	<p align="center">1 Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <hr/> <p align="center">Lakewood Tailgate</p> <p align="center">* See Lakewood for Menu Served</p>
<p align="center">4 No School Today!</p> 	<p align="center">5 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <p align="center">Popcorn Chicken <i>or</i> Deli Turkey Sandwich Steamed Broccoli Baby Carrots/Cauliflower Craisins Mandarin Oranges</p>	<p align="center">6 Egg & Cheese Omelet/Toast <i>or</i> Cereal & Fruit, 100% Juice & Milk</p> <p align="center">Stuffed Crust Cheese Pizza <i>or</i> Deli Ham* Sandwich Green Beans Chilled Edamame/Baby Carrots Fruit Cocktail Thickened Strawberries</p>	<p align="center">7 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <p align="center">Corn Dog <i>or</i> Cheese Sandwich Steamed Corn Romaine Salad/Zucchini Pears Baked Apples</p>	<p align="center">8 Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <hr/> <p align="center">Queso Blanco/Tortilla Scoops <i>or</i> Deli Turkey Sandwich Refried Beans Baby Carrots/Diced Tomatoes Pineapple Peaches</p>
<p align="center">11 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <p align="center">Pizza Crunchers <i>or</i> Deli Turkey Sandwich Steamed Peas Baby Carrots/Cucumber Slices Blueberries Applesauce</p>	<p align="center">12 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <p align="center">Cheese Burger <i>or</i> Turkey Ham Sandwich Oven Baked French Fries Romaine Lettuce/Tomato Slices Fresh Grapes Apple Slices</p>	<p align="center">13 Egg & Cheese Omelet/Toast <i>or</i> Cereal & Fruit, 100% Juice & Milk</p> <p align="center">Beef Soft Taco/Cheese <i>or</i> Deli Turkey Sandwich Refried Beans Shredded Romaine/Diced Tomatoes Apple Crisp Craisins</p>	<p align="center">14 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <p align="center">Bosco Cheese Sticks/Marinara <i>or</i> Deli Ham* Sandwich Steamed Broccoli Baby Carrots/Chilled Edamame Peaches Pears</p>	<p align="center">15 Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <hr/> <p align="center">Grilled Cheese Sandwich <i>or</i> Diced Ham*/Dinner Roll Glazed Carrots Romaine Lettuce/Broccoli Pineapple Mandarin Oranges</p>
<p align="center">18 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <p align="center">Orange Chicken/Rice <i>or</i> Deli Turkey Sandwich Steamed Broccoli Baby Carrots/Chilled Peas Apple Slices Strawberries</p>	<p align="center">19 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <p align="center">Pancakes/Cheese Omelet <i>or</i> Deli Ham* Sandwich Hash Brown Baby Carrots/Celery Chilled Blueberries 100% Fruit Juice Cup</p>	<p align="center">20 Egg & Cheese Omelet/Toast <i>or</i> Cereal & Fruit, 100% Juice & Milk</p> <p align="center">Pepperoni French Bread* <i>or</i> Deli Turkey Sandwich Sweet Potato Fries Chilled Edamame/Romaine Lettuce Grapes Apricots</p>	<p align="center">21 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <p align="center">Mini Corn Dogs <i>or</i> Deli Ham* Sandwich Baked Beans Romaine Salad/Baby Carrots Fruit Cocktail Orange Wedges</p>	<p align="center">22 Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <hr/> <p align="center">Cheese Stuffed Sticks/Marinara <i>or</i> Diced Ham*/Dinner Roll Green Beans Broccoli/Cucumbers Peaches Pears</p>
<p align="center">25 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <p align="center">Garlic Cheese French Bread <i>or</i> Deli Turkey Sandwich Steamed Broccoli Baby Carrots/Zucchini Slices Baked Apples Craisins</p>	<p align="center">26 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <p align="center">Pasta & Meat Sauce <i>or</i> Deli Ham* Sandwich Steamed Green Beans Romaine Lettuce/Red Pepper Strips Fruit Cocktail Peach Applesauce Cup</p>	<p align="center">27 Egg & Cheese Omelet/Toast <i>or</i> Cereal & Fruit, 100% Juice & Milk</p> <p align="center">Deep Dish Cheese Pizza <i>or</i> Diced Ham*/Dinner Roll Corn Chilled Edamame/Baby Carrots Peaches Apple Slices</p>	<p align="center">28 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk</p> <p align="center">Walking Taco/Salsa <i>or</i> Deli Ham* Sandwich Refried Beans Romaine Salad/Diced Tomatoes Pears Mandarin Oranges</p>	<p align="center">29</p> <p align="center">NO SCHOOL TODAY!</p>

Need help paying for school meals? See if your household qualifies for meal assistance. Apply online at www.schoolcafe.com. If you have questions about the Nutrition Program, please contact the Nutrition Office at 515-981-9876. Payments for school meals can be sent to school with your child or you may pay online at norwalk.revtrak.net. If you have not yet registered for account balance information, you may do so at www.schoolcafe.com. You have until September 30, 2023 to complete the fee waiver if you were approved for free or reduced-priced school meals.



Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.

* Entrée May Contain Pork Only Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily
 USDA is an equal opportunity provider. Menu is subject to change without notice.
 Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily

Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.