





Norwalk Community School District-Lakewood Elementary



AUGUST 2023 BREAKFAST AND LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><u>Elementary Meal Pricing:</u> Elementary Breakfast \$2.15 Reduced Priced Breakfast \$.30 Elementary Lunch \$3.10 Reduced Priced Lunch \$.40 Single Carton of Milk \$.50</p>		
		23 Cereal & Graham Crackers Fruit, 100% Juice & Milk Chicken Nuggets <i>or</i> Deli Ham* Sandwich Sweet Potato Fries Baby Carrots/Cucumber Slices Apple Slices Peaches	24 Cereal & Graham Crackers Fruit, 100% Juice & Milk Cheese Pizza <i>or</i> Deli Turkey Sandwich Seasoned Black Beans Romaine Salad/Cherry Tomatoes Orange Wedges & WG CC Cookie Cinnamon Applesauce Cup	25 Variety of Mini Entrees <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk French Toast Sticks/Yogurt <i>or</i> Deli Ham* Sandwich Hash Brown Baby Carrots/Celery Sticks 100% Fruit Juice Pears
28 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk Pepperoni Pizza* <i>or</i> Deli Turkey Sandwich Steamed Broccoli Baby Carrots/Cauliflower Mandarin Oranges Craisins	29 French Toast Sticks <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk Chicken Tenders <i>or</i> Deli Ham* Sandwich Steamed Corn Romaine Lettuce/Red Pepper Strips Fruit Cocktail Applesauce	30 Egg & Cheese Omelet/Toast <i>or</i> Cereal & Fruit, 100% Juice & Milk Hot Dog* on a Bun <i>or</i> Deli Turkey Sandwich Baked Beans Zucchini/Baby Carrots Grapes Apricots	31 Bacon Breakfast Pizza <i>or</i> Cereal & Graham Crackers Fruit, 100% Juice & Milk Breaded Chicken Patty <i>or</i> Deli Ham* Sandwich Steamed Edamame Romaine Salad/Tomato Slices Peaches Pears	
<p>Need help paying for school meals? See if your household qualifies for meal assistance. Apply online at www.schoolcafe.com. If you have questions about the Nutrition Program, please contact the Nutrition Office at 515-981-9876. Payments for school meals can be sent to school with your child or you may pay online at norwalk.revtrak.net. If you have not yet registered for account balance information, you may do so at www.schoolcafe.com. You have until September 30, 2023 to complete the fee waiver if you were approved for free or reduced-priced school meals.</p> 				
<p><i>Nutritional information, including common food allergens can be found at norwalkschools.nutrislice.com. Unexpected supply chain issues, may result in sudden menu changes. Nutri-Slice will have the most up to date information and we will do our best to update menu changes there before the start of the school day.</i></p>				
<p>* Entrée May Contain Pork Only Whole Grain-Rich Products Are Served A Variety of Condiments Are Offered Daily USDA is an equal opportunity provider. Menu is subject to change without notice. Cereal & Graham Crackers are offered daily as a breakfast option. A Variety of Milk is Offered Daily</p>				
<p>Students may choose a hot entrée, cold entrée or yogurt & string cheese option daily. All meals include a choice of fruit & vegetable sides, as well as a carton of milk.</p>				